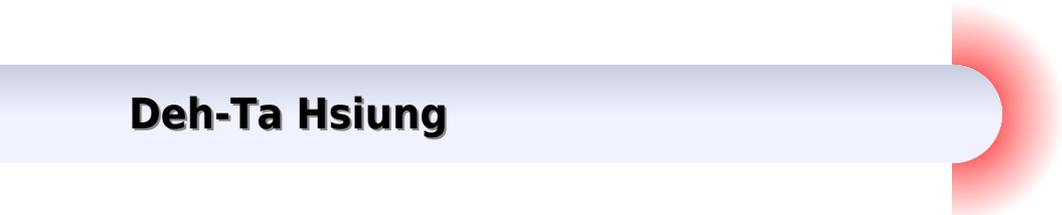




The Chinese Kitchen

Deh-Ta Hsiung



The Chinese Kitchen:

The Chinese Kitchen Eileen Yin-Fei Lo, 1999-11-17 Eileen Yin Fei Lo author of award winning cookbooks menu developer for top Asian restaurants and cooking teacher presents her life's work Reflecting on her life in food including her childhood in Canton China where she learned to cook at her grandmother's side Eileen has created an exhaustive cookbook of extensive scope Everything about Chinese cooking has cultural significance and much of what Eileen talks about in this book has never appeared in print before in the English language There are more than 250 recipes in all including many classic banquet style recipes quite a number presented for the first time in the traditional manner from Peking Duck to Beggar's Chicken Dozens of the techniques for preparing these elaborate recipes are shown in full color photographs in the color insert as well Eileen also includes many of her own creations such as infused oils and rich flavorful stocks essential for cooks who are serious about mastering the ancient art of Chinese cooking Everything is here dim sum congees stir fries rice dishes noodles bean curd meat dishes and more For anyone who loves Asian cuisines this is the ultimate cookbook and for cookbook lovers and aspiring food professionals this is required reading

The Chinese Kitchen Deh-Ta Hsiung, 2002-02-19 There's no cuisine more rich with flavor color texture variety and tradition than Chinese cooking From the familiar to the exotic this comprehensive and stunningly illustrated sourcebook organized by ingredient is a master chef's catalog of what makes this centuries old cuisine so vibrant today Complete with historical background information on buying and storing ingredients and exquisite recipes *The Chinese Kitchen* is a must have for everyone's Chinese kitchen Entries include Bean Sprouts Black Bean Sauce Chinese Cabbage Dumplings Eggplant Five Spice Powder Ginger Lotus Root Peanuts Plum Sauce Shrimp Paste Soft Shell Crab Straw Mushrooms Tofu Tea Wontons Water Chestnuts and much more

The Chinese Kitchen Garden Wendy Kiang-Spray, 2017-02-08 Winner of the Garden Writers Association 2018 Silver Medal of Achievement Wendy Kiang Spray's family has strong culinary and gardening traditions In *The Chinese Kitchen Garden* she beautifully blends the story of her family's cultural heritage with growing information for 38 Chinese vegetables like lotus root garlic chives and eggplant and 25 traditional recipes like congee dumplings and bok choy stir fry Organized by season you'll learn what to grow in spring and what to cook in winter

The Wisdom of the Chinese Kitchen Grace Young, 2014-07-01 *The Wisdom of the Chinese Kitchen* with its 150 recipes culled from a lifetime of family meals and culinary instruction is much more than a cookbook *The Wisdom of the Chinese Kitchen* is a daughter's tribute a collection of personal memories of the philosophy and superstitions behind culinary traditions that have been passed down through her Cantonese family in which each ingredient has its own singular importance the preparation of a meal is part of the joy of life and the proper creation of a dish can have a favorable influence on health and good fortune Each chapter begins with its own engaging story offering insight into the Chinese beliefs that surround life enhancing and spiritually calming meals In addition personal family photographs illustrate these stories and capture the spirit of China before the Revolution when Young's family lived in Canton Shanghai and Hong

Kong The first part Mastering the Fundamentals provides instruction on the arts of steaming and stir frying the preparation of rice panfried and braised dishes the proper selection of produce and the fine arts of chopping and slicing Part Two The Art of Celebration concentrates on the more elaborate complex and meaningful dishes such as Shark s Fin Soup and West Lake Duck that are usually made with rare ingredients and sweets such as Water Chestnut Cake and Sesame Balls The final part Achieving Yin Yang Harmony explores the many Chinese beliefs about the healing properties of ginseng ginkgo nuts soybeans dong quai and the many vegetable and fruit soup preparations that balance and nourish the body The stories and recipes combine to demonstrate the range of Cantonese cooking from rich flavors and honored combinations to an overall appreciation of health well being and prosperity In addition to the recipes Young provides a complete glossary of dried herbs spices and fresh produce accompanied by identifying photos and tips on where to purchase them Unique traditional dishes such as Savory Rice Tamales and Shrimp Dumplings are also illustrated step by step making the book easy to use The central full color photo section captures details of New Year s dishes and the Chinese home decorated in celebration reminding one that these time honored traditions live on and the meals and their creation are connections to the past

In the Chinese Kitchen with Shirley Fong-Torres Shirley Fong-Torres,1993-01-01 **My Grandmother's Chinese Kitchen** Eileen Yin-Fei Lo,2006-12-05 Award winning cookbook author and celebrated food expert Eileen Yin Fei Lo learned how to cook from her talented grandmother This inspiring and instructive book collects 100 recipes the author learned in her grandmother s kitchen along with the life lessons observations and other gifts she hopes to pass on to readers and future generations Cherished holiday recipes include steamed buns and fish congees for birthdays vegetables prepared during the Lunar New Year and rice dumplings made for the Dragon Boat Festival All the essential techniques of the Chinese kitchen are represented including stir frying steaming roasting stewing braising and more A volume to cook from to share and to read as a memoir in its own right My Grandmother s Chinese Kitchen celebrates a great culinary tradition by sharing family wisdom and timeless recipes **A Chinese Kitchen** Lynette Lo Tom,2015-09-01 A Chinese Kitchen is the fourth in a series from Mutual Publishing and the Honolulu Star Advertiser exploring Hawaii s many ethnic cuisines The aim of this series is to showcase writers who grew up in Hawaii and learned the dishes of their heritage local style Theirs are no nonsense homestyle recipes meant to be referred to again and again when you are cooking for your own family Our latest author Lynette Lo Tom is perfect for this series sharing her lifelong devotion to Chinese cooking in stories recipes and historic accounts Her book will make you yearn for a platter of kau yuk [The Wisdom of the Chinese Kitchen](#) Grace Young,1999-05-05 Here are 140 classic Cantonese recipes handed down with their importance to health and prosperity of color photos and 35 b w photos 2 color throughout *The Chinese Kitchen* Deh-Ta Hsiung,1999 Authentic Chinese ingredients are now available all year round not only from the China towns in our major cities but also from our local supermarkets In this title the renowned expert on Chinese food Deh Ta Hsiung introduces and describes over 100 ingredients

in great detail and provides at least two recipes for each ingredient to demonstrate its versatility Each page is illustrated with cut outs of each ingredient in its many forms cultural pictures of China and recipe photography [The Vegan Chinese Kitchen](#) Hannah Che,2022-09-13 JAMES BEARD AWARD WINNER IACP AWARD WINNER 100 fresh plant based umami packed recipes that show the range of traditional and modern Chinese vegan cuisine from the creator of The Plant Based Wok ONE OF THE TEN BEST COOKBOOKS OF THE YEAR The Washington Post Simply Recipes ONE OF THE BEST COOKBOOKS OF THE YEAR The New York Times Saveur Vice Epicurious Library Journal When Hannah Che decided to become a vegan she worried that it would separate her from the traditions and food that her Chinese family celebrated But that was before she learned about zhai cai the plant based Chinese cuisine that emphasizes umami rich ingredients and can be traced back over centuries to Buddhist temple kitchens In [The Vegan Chinese Kitchen](#) through gorgeous photography stories and recipes Hannah Che shows us the magic of this highly developed and creative tradition in which nearly every dish in the Chinese repertoire can be replicated in a meatless way such as Blistered Dry Fried String Beans or Sweet and Sour Tofu You ll also find recipes that are naturally plant based and as irresistible as they are nourishing such as flaky scallion pancakes corn stir fried with peppers and pine nuts or pea shoots braised in a velvety mushroom broth made with sesame oil roux This book will delight vegans vegetarians and omnivores alike inviting you to explore a whole world of flavors and ingredients

Hunan Mr Peng,2014-05-05 Founded in 1982 by Mr Peng Hunan is a legendary London restaurant which attracts customers from all over the world At Hunan diners don t choose they simply say what they don t eat and how spicy they like their food Mr Peng then does the rest serving up small portions with the emphasis on sharing many courses The orders are hand written and are sent down to the kitchen by a chute and the food travels up in a dumb waiter Mr Peng is a firm believer in simplicity Hunan is a landmark book that captures the essence of a unique menu from a unique character Among the 70 must have recipes are Mr Peng s absurdly delicious prawn dumplings lettuce wraps filled with diced chicken which you just pop into your mouth and scrunch and mouth melting double cooked pork As Mr Peng says I often say to people I ve only just met I m a very strange person And then I have to explain food is my life Despite being close to 70 I m still in the kitchen at Hunan on the floor almost every day doing prep working the wok and talking to guests most of whom have been regulars for years The food is the only thing which has changed and which changes almost daily It is really about bringing out the most in the ingredients Subtle blends of chilli and Sichuan peppercorns push enormous pearly scallops to the edge while the gentle salty miso cuts through the tenderest slivers of corn fed chicken It is possible because the ingredients I use are fresh and of faultless quality

[The Chinese Cookbook](#) Gordon Rock,2015-02-11 Tired of the same old Chinese food Want something different for dinner Then you ll love [The Chinese Cookbook](#) 50 Great Recipes from the Chinese Kitchen This collection of easy Chinese recipes is all you ll ever need to bring to life the Chinese kitchen in your home This Chinese cookbook is perfect for the home chef looking to add new depth and dimension to all their food This collection of

easy Chinese recipes is a must for any foodie **Secrets from a Chinese Kitchen** Vivienne Lo, Jenny Lo, 2003 Collected recipes range from noodles and dumplings from northern China Mongolian lamb seafood and vegetable hot pots to the lotus leaf wrapped parcels of rice and fish of the south *The Chinese Kitchen* Deh-Ta Hsiung, 2001 Over 75 deliciously authentic Chinese dishes for the Western kitchen Recipes from all over China including traditional favorites and regional specialities

Feast of Flavors from the Chinese Kitchen Jamilah M. Hassan, 2005 **The Chinese Kitchen** Kate

Darlington, 2023-04-27 The Chinese Kitchen book is a comprehensive guide to cooking authentic Chinese cuisine featuring over 100 delicious recipes from all regions of China Written by experienced chef and food writer this book provides readers with a deep understanding of the ingredients techniques and flavors that make Chinese food so unique and beloved The book begins with an introduction to the key ingredients used in Chinese cooking including the various types of sauces spices vegetables and meats Each ingredient is described in detail with information on its history uses and nutritional benefits The recipes in the book are organized by category including appetizers soups stir fries noodles and rice and desserts The recipes range from classic favorites like Kung Pao Chicken and Hot and Sour Soup to lesser known dishes like Shrimp with Candied Walnuts and Sichuan Dan Dan Noodles In addition to the recipes the book also includes helpful sections on Chinese cooking techniques such as stir frying steaming and braising as well as information on Chinese culinary traditions and etiquette Readers will also find a glossary of Chinese ingredients and a list of recommended equipment for their kitchen Whether you re an experienced home cook or new to Chinese cuisine the Chinese Kitchen book is an essential resource for anyone looking to explore the flavors and techniques of this rich and diverse culinary tradition **The Chinese at Home** James Dyer

Ball, 1911 *Feast of Flavours from the Chinese Kitchen* Nguyen Thanh Diep, 2005 *Feast of Flavours from the Chinese Kitchen* will guide even the most novice cook through the necessary techniques for preparing scrumptious mouthwatering easy to follow Chinese recipes This collection of recipes features a wide range of Chinese dishes that are easy to prepare with readily available ingredients For all those who love Chinese cuisine this is the book that demystifies Chinese cooking and makes it both simple and enjoyable The book showcases recipes ranging from soups seafood meat poultry vegetables rice noodles to sweets **The Chinese Kitchen Unveiled** MR Alone, 2024-12-19 Discover the Secrets of Chinese Cuisine and Recreate Its Timeless Flavors at Home Have you ever been captivated by the rich bold flavors of authentic Chinese dishes but felt overwhelmed by the complexity of cooking them Do you wish you could master traditional recipes and bring restaurant quality meals to your table with confidence We understand how daunting it can seem to navigate unfamiliar ingredients techniques and culinary traditions That s why *The Chinese Kitchen Unveiled* is here to guide you every step of the way Unlock 100 authentic recipes that celebrate the diversity of China s regional cuisines and their global culinary influence Step by step instructions and vibrant photos make even the most complex dishes approachable for beginners and seasoned cooks alike Simplified techniques and accessible ingredients ensure you can recreate classic flavors without the need for

professional tools or exotic grocery trips Explore the cultural heritage behind each dish connecting you to the history traditions and people who created them Bonus tips for substitutions and plating help you adapt recipes to your preferences while still achieving authentic results If you want to bring the magic of authentic Chinese cooking to your kitchen then don t waste your time buy your copy today [The Chinese Kitchen](#) Yong Yap Cotterell,1986

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The Chinese Kitchen Introduction

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