

# The Skeletal System

Generally divided into two parts, the skeleton consists of the axial skeleton and the appendicular skeleton.

## The Axial Skeleton

The axial skeleton comprises the skull, cervical vertebrae, ribs, and sternum. The skull forms a protective shell for the brain and sensory organs, with the lower part of the skull giving form to the face. The base of the skull joins with the first vertebra of the spine, the atlas, the articulation of the two bones meeting. Openings in the skull accommodate the eyes, ears, nose, and mouth. The bones of the skull have unique joints, called sutures, which lock together and are then firmly held together with fibrous connective tissue.

The cervical vertebrae ligate in a series of boxes, called vertebrae, each separated by a cushioning pad of fibrocartilage called the intervertebral disk. While individually each vertebra has extremely limited movement, collectively the vertebrae create a highly mobile axis.

When required, the spine becomes a rigid axis, held firm by the back muscles, or the vertebrae lock or fitting one to the next.

The atlas of the clavicle cups into with the vertebrae in the back and reaches the breast and lungs. The first seven ribs, the true ribs, join at the breast to the sternum. The next three ribs, the false ribs, join to one another and then attach to the last true rib. The remaining two ribs, the floating ribs, do not attach to the sternum.



## The Appendicular Skeleton

The appendicular skeleton includes the bony bones of the arms and legs, and the girdles that connect them to the axial skeleton, the shoulder girdle and the pelvic girdle. The bones of the arm (humerus, radius, and ulna) and the leg (femur, tibia, and fibula) are all long bones.

With a similar arrangement, the bones of the hands and feet comprising 14 bones in the fingers and toes, the wrist has 8 bones, the ankle has 3, and there are 5 bones in both the palm of the hand and the sole of the foot.

Due to the load-bearing requirements placed on the lower limbs, the pelvic girdle is joined to the axial skeleton at the sacrospinous joint, a relatively rigid joint, whereas the connection of the shoulder girdle to the torso is swinging, being loosely connected to the rib cage by muscle, its only stabilizing connection provided by the collar bone.



# The Body Atlas

**Ensheng Dong**



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## **Table of Contents The Body Atlas**

1. Understanding the eBook The Body Atlas
  - The Rise of Digital Reading The Body Atlas
  - Advantages of eBooks Over Traditional Books
2. Identifying The Body Atlas
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an The Body Atlas
  - User-Friendly Interface
4. Exploring eBook Recommendations from The Body Atlas
  - Personalized Recommendations
  - The Body Atlas User Reviews and Ratings
  - The Body Atlas and Bestseller Lists
5. Accessing The Body Atlas Free and Paid eBooks
  - The Body Atlas Public Domain eBooks
  - The Body Atlas eBook Subscription Services
  - The Body Atlas Budget-Friendly Options
6. Navigating The Body Atlas eBook Formats
  - ePub, PDF, MOBI, and More

- The Body Atlas Compatibility with Devices
- The Body Atlas Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of The Body Atlas
  - Highlighting and Note-Taking The Body Atlas
  - Interactive Elements The Body Atlas
- 8. Staying Engaged with The Body Atlas
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers The Body Atlas
- 9. Balancing eBooks and Physical Books The Body Atlas
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection The Body Atlas
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine The Body Atlas
  - Setting Reading Goals The Body Atlas
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of The Body Atlas
  - Fact-Checking eBook Content of The Body Atlas
  - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
- 14. Embracing eBook Trends
  - Integration of Multimedia Elements
  - Interactive and Gamified eBooks

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