

# Easy Plastic-Free Swaps



**Plastic phone case**



**Compostable phone case**



**Plastic wrap**



**Bees wax wraps**



**Plastic toiletries**



**Reusable or compostable options**



**Plastic packaging**



**Eco-friendly packaging**



**Makeup packaged in disposable plastics**



**Refillable or zero waste makeup**



**Disposable plastic freezer bags**



**Reusable silicone bags**



**Disposable plastic household items**



**Refillable or zero waste items**



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# Plastic Free Manual

**Sebastian Brünink**



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this relay provides protection to the motor

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web the wiring diagram of an overload relay is shown below and the connections of an overload relay symbol may seem like two opposite question marks otherwise like the s symbol the overload relay working function is discussed below

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