

# EDDIE ABBEW **FAT LOSS** ULTIMATE GUIDE

**BEFORE**



**AFTER**

HOW TO LOSE FAT AND BE  
HEALTHY THE REAL WAY

# Weight Loss Guide

**Dr. W. Ness**



## **Weight Loss Guide:**

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web arrange the membrane to the intended area and roll out the membrane to ensure no wrinkle preheat the membrane using propane torch roll the membrane out with torch on to the bottom of the membrane ensure every joint is overlap with each other overlaps side to side 80mm and end 150mm

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web b 3 torching methods follow manufacturer s recommendations on torching to insulation and recover board surface use a small torch when flashing near details do not lay an operating torch directly onto the membranes b there is a danger both of fire and of damaging the membrane

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