

...from overloading  
...at a time.

### transport options

that use renewable  
...top flights. Planes produce  
...on emissions during take off

...carbon footprint by paying a  
...when making a booking. The fee  
...of carbon dioxide in the  
...m, such as planting trees.

...instead of  
...burn a lot of  
...which  
...“floating cities”  
...impact (e.g. with  
...expenditure,



...pollution  
...Cargoal where possible.

...fuel, that plan  
...contribute to global warming  
...**X Avoid cruise ships.** Cruises are “floating  
...that have a huge environmental impact (e.g.  
...waste disposal, fuel and energy expenditure  
...pollution by exhaust fumes).  
...Cargoal where possible.



# THE COMPLETE GUIDE TO SUSTAINABLE TRAVEL

This is an exhaustive list and can seem overwhelming, but it gets easier if you take it a step at a time.

## BEFORE THE TRIP



### Consider your transport options



- Choose airlines that use renewable biofuels.
- Choose non-stop flights. Planes produce the most carbon emissions during take off and landing.
- Offset your carbon footprint by paying a small fee when making a booking. The fee is donated to programs that help reduce the amount of carbon dioxide in the atmosphere, such as planting trees.
- Choose road or rail transportation instead of flights (e.g. trains and buses). Planes burn a lot of fuel, thus producing greenhouse gases which contribute to global warming.
- **X Avoid cruise ships.** Cruises are “floating cities” that have a huge environmental impact (e.g. with waste disposal, fuel and energy expenditure, pollution by exhaust fumes).
- Cargoal where possible.



# COMPLETE GUIDE TO SUSTAINABLE TRAVEL

This is an exhaustive list and can seem overwhelming, but it gets easier if you take it a step at a time.



# THE COM SUSTAI

This is an exhaustive list and can seem overwhelming, but it gets easier if you take it a step at a time.

## BEFORE THE TRIP



### Com



- Choose road or rail t flights (e.g. trains an fuel, thus producing contribute to globe
- **X Avoid cruise shi** that have a huge e waste disposal, fu

# Sustainable Travel Guide

**YouGuide Ltd**



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**Guide for Local Authorities on Developing Sustainable Tourism** World Tourism Organization, 1998 Also available supplementary vol on Sub Saharan Africa 1999 ISBN 9284403111 and supplementary vol on Asia and the Pacific 1999 ISBN 928440326X Supersedes Sustainable tourism development a guide for local planners 1993 ISBN 9284400384

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