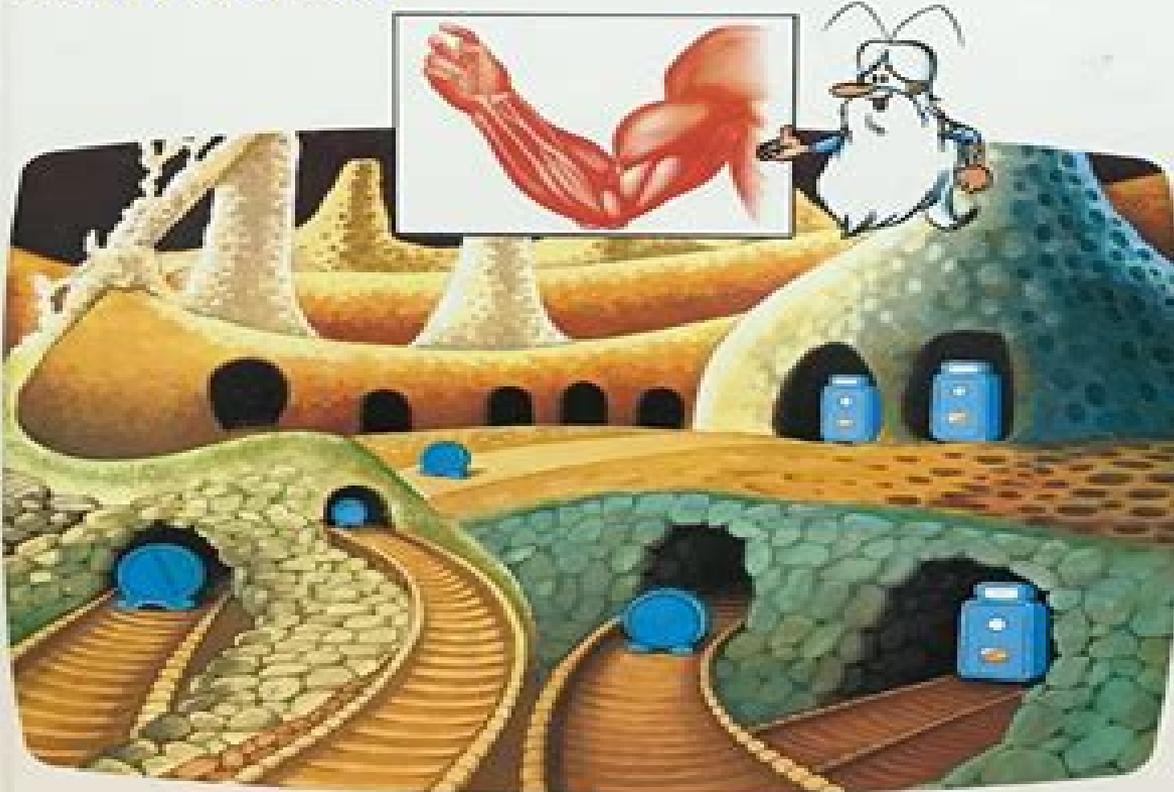




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How **MY BODY** Works

The Muscles



AN ORBIS PLAY & LEARN COLLECTION

This Is How My Body Works

Philip N Trenton



This Is How My Body Works:

How the Body Works DK,2016-05-17 A bold accessible illustrated guide that delivers real scientific information on how the body works with a healthy side of fun facts and trivia If you ve ever searched the Internet for information on that odd rash on your arm advice to help you get the best night s sleep or tips for staying healthy during cold and flu season you know there is skill to sorting fiction from scientific fact How the Body Works uses clear easy to understand graphics and illustrations to demystify all the complex processes that keep our bodies alive and thriving from the basic building blocks of the body our cells to skin muscles and bones and the ways in which our many parts work together Learn about the senses how we read faces and body language nutrition and immunity the brain sleep memory dreams and much more Each chapter takes you through a new body system and includes surprising facts like there are no muscles in the fingers and toes and by the time you finish reading this sentence 50 million of your cells will have died and been replaced With How the Body Works you ll understand the how and why as well as be wowed by the astonishing ways our bodies work *How Does My Body Work?* Charlotte Guillain,2011-07 Introduces young readers to the main organs of the body how they help the body function and how to maintain a healthy body *How the incredible human body works by the Brainwaves* Richard Walker,2007 The Brainwaves are little people on a big adventure How the Incredible Human Body Workstakes you on a rollicking rip roaring romp around the human body Watch them fight with the body s defence force against invasions from toxic bacteria dodge squirting digestive juices that can reduce anything to a pulp or get washed away on a raging red river of blood Join the Brainwaves on their mission of mischievous mayhem Following in the same format as *How Nearly Everything Was Invented* a key feature of this book is the six double gatefolds each of which focuses on an important body system eating and digestion breathing blood circulation defence moving parts and the brain nerves and senses Each system is explored in an imaginative way for example the digestive system is depicted as a disassembly line in a fanciful food factory In addition to the gatefolds there are special features on a comprehensive range of subjects including communication chromosomes and DNA the function of skin and modern techniques **This is how My Body Works** Edith Heuser,1982 *How Does My Body Work?* Charlotte Guillain,2019-05-01 This book explores the function appearance and purpose of some important parts of the human body *How Does My Body Work* uses simple text and vivid photographs to explain one organ and its role in a healthy life Simple graphic illustrations help readers conceptualize the role of each organ in their body as well as help to illustrate the appearance and function of some organs that readers cannot see **How Does My Body Work? Human Body Book for Kids** Sara LaFleur, MD,2021-10-05 How does your body work This fun human anatomy book helps kids 8 12 answer that question through awesome hands on STEAM STEM experiments and activities Entertaining and interactive The Human Body Book for Kids shows curious kids how their body systems help them move breathe fight infections and keep them alive Filled with fascinating information about human anatomy this exciting science book features More than 40 STEAM experiments and

activities that help kids learn about their amazing bodies Full color illustrations and photographs that highlight the cells tissues organs and body systems as well as explain the steps and outcomes of the experiments A doctor author an MD who works with both children and adults and is an expert on the human body inside and out Weird and wonderful facts about the human body Did you know that you re about 1 cm taller in the morning than the evening That a baby is born with 300 bones but has only 206 by the time they re an adult That some children are born with an extra set of ribs surrounding the lungs called gorilla ribs Learning and fun together Kids will create models eat experiments and show off their STEAM skills to family and friends Endorsed by the co founder of Apple s Siri this educational book is a great resource for answering kids questions about how their bodies work

How Your Body Works Jo Ellen Moore,Supancich,1995-01-17 The Science Series provides science information and fun hands on activities using common materials

How Does My Body Work? Philip N Trenton,2024-05 Title HOW DOES MY BODY WORK A Fun Easy and Educative Kid s Guide to Understanding Anatomy of the Body Author Philip N TrentonHello curious minds Are you ready to embark on a mind blowing journey through the inner workings of the human body If you ve ever found yourself wondering how your body does all the amazing things it does from running and jumping to thinking and feeling then buckle up because HOW DOES MY BODY WORK is about to take you on the adventure of a lifetime In this captivating book acclaimed author Philip N Trenton invites young readers to explore the intricacies of anatomy in a way that s not only fun and engaging but also incredibly educational From the moment you open its pages you ll be transported into a world of wonder and discovery where every turn reveals something new and fascinating about the incredible machine that is your body Prepare to be amazed as you delve deep into the mysteries of the brain the heart the lungs and so much more With colorful illustrations interactive diagrams and easy to understand explanations you ll learn how each part of your body works together in perfect harmony to keep you alive healthy and thriving But HOW DOES MY BODY WORK isn t just about learning facts and figures it s about igniting a lifelong passion for understanding and appreciating your own body As you flip through its pages you ll find yourself captivated by the beauty and complexity of the human form inspired to take better care of yourself and embrace the incredible things you re capable of Imagine being able to impress your friends with your newfound knowledge of anatomy confidently explaining how your muscles work or why your heart beats With this book by your side you ll become a true expert on the inner workings of the human body and who knows maybe you ll even discover a passion for science that lasts a lifetime So what are you waiting for Take the first step on this exciting journey of discovery and get your hands on a copy of HOW DOES MY BODY WORK today Whether you re a budding scientist a curious explorer or simply someone who loves to learn this book is guaranteed to entertain educate and inspire Join Philip N Trenton on this unforgettable adventure and unlock the secrets of your body like never before

THE BODY WORKS IN SILENCE Eka Gumilar,2026-02-14 The Body Works in Silence is a true story about an author s journey through seventeen days without food by means of a water fast an experience that not only tested physical endurance but also

opened a deep space for reflection on life hope and the meaning of perseverance This book is arranged as a series of daily reflective notes about weakness silence fear and the inner dialogues that arise when the body and mind are pushed to their limits Within those limitations the author witnesses how the body adapts in its own way and how awareness slowly changes through a process lived with great care This work is not a health guide and does not offer medical claims The Body Works in Silence is a personal testimony a story about process acceptance and life lessons born from quietness Written honestly and grounded in real experience this book invites readers to reflect on the relationship between the body the mind and the meaning of resilience in facing difficult times

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