

Debunking FLU MYTHS

Flu Myth:

Getting the flu is not a big deal.



Flu Fact:

The flu can result in serious illness and even death. Some high-risk groups include seniors and infants.

Flu Myth:

The flu vaccine will give you the flu.



Flu Fact:

Flu vaccines cannot give you the flu. Instead, they use an "inactive virus" that helps your immune system fight potential infections.

Flu Myth:

The flu is the same thing as a cold.



Flu Fact:

The flu and the cold can have similar symptoms. Contact your family doctor if you have any flu symptoms for further testing and treatment.

Flu Myth:

You don't need a flu vaccine if you're healthy.



Flu Fact:

The CDC recommends that all eligible individuals six months and older get a flu vaccine every year.

The Flu Season

Karin Nielsen-Saines



The Flu Season:

Uncover the mysteries within is enigmatic creation, Embark on a Mystery with **The Flu Season** . This downloadable ebook, shrouded in suspense, is available in a PDF format (PDF Size: *). Dive into a world of uncertainty and anticipation. Download now to unravel the secrets hidden within the pages.

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