

LEARNING TASK 7

Am I a Climate Hero or a Climate Culprit?

Procedure:

1. Compute your carbon footprint by using Table 4 WWF-Philippines' Carbon Footprint Checklist. Choose one (1) member of the family or a friend do the checklist also for you to have a comparison.

What's your carbon footprint? Evaluate your carbon emission.

Different Activities	Always (1pt)	Sometimes (3pts)	Never (5pts)
1. I use water wisely			
2. I eat a mixture of meat and vegetarian meals			
3. We use kerosene lamps or low energy light bulbs at home			
4. I use basin in washing our dishes			
5. I eat locally grown food			
6. I turn off electric appliances or battery-operated gadgets instead of leaving them on standby			
7. I use a glass of water when brushing my teeth			
8. I eat organic food			
9. I use reusable bags when buying things from the market			
10. I avoid eating ready meals (e.g. noodles, sardines etc.)			

Carbon Footprint Checklist

Arthur James Wells



Carbon Footprint Checklist:

Carbon Footprints as Cultural-Ecological Metaphors Anita Girvan, 2017-10-10 Through an examination of carbon footprint metaphors this book demonstrates the ways in which climate change and other ecological issues are culturally and materially constituted through metaphor. The carbon footprint metaphor has achieved a ubiquitous presence in Anglo North American public contexts since the turn of the millennium yet this metaphor remains under examined as a crucial mediator of political responses to the urgent crisis of climate change. Existing books and articles on the carbon footprint typically treat this metaphor as a quantifying metric with little attention to the shifting mediations and practices of the carbon footprint as a metaphor. This gap echoes a wider gap in understanding metaphors as key figures in mediating more than human relations at a time when such relations profoundly matter. As a timely intervention this book addresses this gap by using insights from environmental humanities and political ecology to discuss carbon footprint metaphors in popular and public texts. This book will be of great interest to researchers and students of environmental humanities, political ecology, environmental communication and metaphor studies.

The Health Practitioner's Guide to Climate Change Jenny Griffiths, Mala Rao, Fiona Adshead, Allison Thorpe, 2009-09-01 Highly commended in the Public Health category BMA Medical Awards 2010. There are enormous health benefits from tackling climate change. This is the first book to set out what health practitioners can do to prevent the worst impacts of climate change, to make health services sustainable and to design healthy sustainable communities. The book provides an introduction for health practitioners and students to climate change and its current and future health impacts, describes the relationship between health and the environment, gives facts and figures on greenhouse gas emissions, sets out the huge benefits to health of acting on climate change, explains what health practitioners can do at home, at work and in their organizations, and shows how you can support action in communities nationally and globally. Essential reading for health professionals, local government, built environment professionals, students across all sectors of health, medicine and public administration, community and voluntary sector, NGOs, the business community involved in private healthcare. The Health Practitioner's Guide to Climate Change is written by an authoritative group of authors from key organisations in the field including the Met Office, the Faculty of Public Health, Natural England, the London School of Hygiene and Tropical Medicine, the Climate and Health Council, the NHS Sustainable Development Unit, the Health Protection Agency, the University of the West of England, Sustrans and the National Social Marketing Centre. Sponsored by The National Heart Forum and the National Social Marketing Centre. Foreword by Dr R K Pachauri, Director General, The Energy and Resources Institute, TERI and Chairman, Intergovernmental Panel on Climate Change, IPCC.

[A Practical Guide to Greener Theatre](#) Ellen Jones, 2013-10-30 Protecting the environment should be a priority of every theatrical production but it can be challenging to mount an environmentally friendly show with limited time, resources and information. [A Practical Guide to Greener Theatre: Introduce Sustainability Into Your Productions](#) not only gives you the information you need to make greener

decisions but provides you with practical workable solutions You will learn how to assess and improve every production area from costuming and painting lighting and technical direction to administrative offices and the rehearsal process Checklists examples of successful strategies and step by step instructions will show you how to identify areas where manageable sustainable changes can make your productions greener and advice from working professionals with experience greening their own productions will leave you confident that your processes are environmentally sound Even non technical people who find themselves responsible for supervising productions will find green solutions that can be instituted with a staff of volunteers or students Remember every step toward sustainability is a step forward Discover small fixes that will make your theatre productions greener Examine ways to introduce greener practices in the design execution and strike process Explore how introducing sustainability into your theatre productions can save your company time and money Learn how sustainability and safety intersect to help protect your workers and volunteers

[Build Like It's the End of the World](#)
Sandeep Ahuja,Patrick Chopson,2024-09-18 Authoritative roadmap to the design and construction of a carbon positive built environment Build Like It s the End of the World stands as a compelling manifesto for the AEC industry confronting the urgent challenges of climate change with actionable solutions Authored by Sandeep Ahuja and Patrick Chopson this text embarks on a journey to redefine the future of our built environment Through a lens of decarbonization it challenges established norms and introduces a new benchmark for sustainable design and construction This book not only advocates for a radical shift in design and construction philosophy but also provides a concrete blueprint for achieving carbon positivity in our projects and practices The authors bring their extensive experience and research to the forefront offering a guide that marries rigorous analytical methods with practical applications It is a call to action urging professionals and students alike to embrace innovative technologies and strategies that can lead to significant changes in how we conceive and construct our spaces Within its pages readers will find A comprehensive strategy for carbon positive design a detailed blueprint showcases step by step how sustainable practices can be integrated into projects drawing on the authors vast experience and thorough research Engaging tools for practical implementation bridging the gap between high level sustainability goals and their execution providing readers with learning objectives instructional activities and compelling case studies Insights on embedding sustainable practices it offers valuable perspectives on incorporating carbon positive principles into existing workflows highlighting the simplicity and profound impact of these efforts The economic and cultural case for sustainable buildings demonstrating the viability and necessity of carbon positive buildings emphasizing the importance of a cultural shift towards decarbonization in the construction industry Build Like It s the End of the World is an essential read for anyone in the AEC field looking to navigate the complexities of decarbonization of buildings It serves as a powerful testament to the role of technology and strategic innovation in transforming the industry guiding us towards a future where our buildings play a pivotal role in the health of our planet

[Sustainability Appraisal](#) Barry Dalal-Clayton,Barry Sadler,2014-03-26

Sustainability Appraisal is a sourcebook of the state of the art of this rapidly emerging and diversifying area. It draws on a wealth of international experiences and approaches to illustrate the status and scope of Sustainability Appraisal Assessment SA. This comprehensive guide highlights how SA can be used to analyse and integrate the key environmental, social, and economic pillars of sustainability into decision making at all levels from policy to project to investment by government, business, and industry or international organizations. Distilling both published and unpublished materials and with contributions from a range of leading experts, organizations, and agencies, this book will be of significant value to professionals everywhere who are in need of a solid reference guide to what constitutes SA practice and more importantly how and when it can be applied.

[CUET-UG Anthropology \[303\] Question Bank Book 2500+MCO Unit Wise with Explanation As Per Updated Syllabus](#) DIWAKAR EDUCATION HUB, 2024-01-14 CUET UG Anthropology Question Bank 2500 Chapter wise question With Explanations As per Updated Syllabus cover all 5 Units. The Units are Unit 1 Physical Anthropology, Unit 2 Prehistoric Archaeology, Unit 3 Material culture and economic Anthropology, Unit 4 Social Anthropology and Ethnography, Unit 5 Ecology.

Tracking Your Carbon Footprint Judith Purman, 2008-07. Knowing your carbon footprint is a hot button issue today. Consumers now expect their employers, government, and schools to embrace the notion that one's style of living can negatively affect the environment today and for future generations. Likewise, homeowners, businesses, and organizations are moving to more sustainable modes of operating not just because it is the right thing to do but because sustainability, being green, and reducing your carbon footprint have value in the marketplace. Sustainability is marketable and bankable whether in dollars saved in revenues generated or in public relations impact.

Tracking Your Carbon Footprint: A Step by Step Guide to Understanding and Inventorying Greenhouse Gas Emissions will introduce you to the basics of global climate change: the what, why, and how to inventory your emissions; how to use your inventory to set goals and reduce emissions; and how to determine whether or not it makes sense for you to generate carbon credits.

Chemical Engineering Progress, 2009. **How to Reduce Your Carbon Footprint** Joanna Yarrow, 2008. How to Reduce Your Carbon Footprint is the world citizen's guide to pushing back the advance of global warming. This colorful handbook offers 500 practical, easily achievable ideas that conserve energy, prevent pollution, and save money. Did you know that unplugging appliances and cell phone chargers when not in use can reduce electricity bills by 10 percent? Or that recycling just one glass bottle saves enough power to run a computer for 30 minutes? Whether the subject is jet travel, dish washing, or any of the 50 topics in the book, surprising statistics and innovative graphics will inspire action and demonstrate that simple habits can lead to big results.

Amazon.com. **The Pocket Idiot's Guide to Your Carbon Footprint** Nancy S. Grant, 2008. Attention on global climate change has reached a critical mass in this country and around the world. People are beginning to demand answers from their leaders but they're also looking inward to see how the choices they make affect the environment. As recently as a year ago, few people had even heard of the term carbon footprint. Now it's all over the news, a commonplace term in the U.K. and

increasingly in the U S The Pocket Idiot s Guide to Your Carbon Footprint is a highly practical and easy to use reference that helps readers do their part to combat global warming Reduce Your Carbon Footprint Ann Colson, 2015-04-04 Make Your Contribution to a Greener Earth Reduce Your Carbon Footprint Now Have you ever wondered how your life has affected the environment that you live in Have you heard the term Carbon Footprint and been unable to understand the concept in its totality Are you conscious of the fact that your lifestyle could have led to the depletion of resources that are vital to life on this planet Well then here is the answer to all your queries This book aims to educate readers on the various aspects of Carbon Footprint and help find easy and implementable measures to reduce the impact as far as possible The objective of this book is to help simplify the scientific jargon and make it easy to understand for everyone so that all readers are able to realize and relate to this problem that is staring in the face of mankind Here is a preview of what you will learn in the book The concept of Carbon Footprint Means to measure your carbon footprint The significance of Carbon Footprint as an individual as well as a Human being Understanding what the invisible increments to Carbon Footprint are The exact short term measures that you can adopt to reduce the footprint The long term measures that we all must initiate and implement in order to deal with the problem on a global scale The strange yet real facts about Carbon Footprint that you wouldn t have heard before With this book you will be armed to tackle the problem right from your homes and be able to educate your kids to take steps that will their footprints low The simple yet proven strategies discussed in the book are aimed at creating awareness on the basics of the problem and help you take small incremental steps in the right direction right now It is our duty towards our kids to keep the earth green for them as we inherited it That is why understanding identifying carbon footprint assumes such vital significance in today s world Unless you can pin point the specific small things in your everyday lives that add up to the footprint you will not be able to reduce it substantially This is why the book is so handy for the common man who wants to see a better world for the future generations Why this book is special Easy language and simplified terms for better understanding Examples from everyday affairs to help you identify the culprits Simple and easily implementable steps for you to get started in reducing your Carbon Footprint Macro level view for a more comprehensive understanding of the global nature of the problem Great learning value for parents as well as kids So what are you waiting for Take action now and do your bit to save our planet for our kids Start your journey by laying hands on this invaluable source of information Download your copy today **Building Services Journal** ,2007 **Investment & Controlling. Carbon Taxes in the EEC** Matthias Beer, 2013-09-11 Studienarbeit aus dem Jahr 2012 im Fachbereich BWL Investition und Finanzierung Note 1 3 FOM Hochschule f r Oekonomie Management gemeinn tzige GmbH M nchen fr her Fachhochschule Veranstaltung MBA Sprache Deutsch Abstract Executive Summary Global warming is becoming a serious issue around the world On a daily base the effects of global warming can be seen and the number of related natural catastrophes is increasing every year The global warming effect is directly re lated to the greenhouse gases GHG which are freed when fossil fuels are

burned In this process carbon dioxide is produced and rises into the atmosphere where it is causing global warming due to reflection of infrared As a counter measure with the aim to reduce the GHGs the Kyoto Protocol was signed on 11th of December 1997 In this regards many policy mechanisms to reduce GHG emissions are discussed and are already exists Scholars are predicting that the mechanism with the strongest effect is pricing on carbon This assignment is explaining briefly the background of carbon dioxide and provides also a short introduction of the carbon footprint of products and enterprises The main part of the work deals with economical aspects of carbon taxation The chapter is analyzing the greenhouse emission trends since 1990 and derives the affected industry sectors for carbon taxation Further the cost of carbon taxation in the EEC is evaluated and an estimated cost increase for a 4 person household in the European member states given The finding of this assignment is that carbon taxation in the EEC is useful and is raising the motivation to develop engines that are more efficient and in addition encourage alternative energy sources At the same time there are also risks involved in carbon taxation if this is only a European decision rather than a global strategy In that case future investments are potentially done outside the EEC due to lower or even no taxation on carbon emission [Climate Change](#) Hennie Stoffberg, Paul Prinsloo, 2009 A guide into the complex relationship between corporates and an increasingly regulatory and auditing environment which holds corporations accountable for their carbon footprint The book provides an overview of factors big business needs to consider when formulating appropriate and effective responses to climate change Bookseller s website *Friends Journal* ,2004 *The British National Bibliography* Arthur James Wells, 2009 **EPA Victoria Carbon and Ecological Footprint Calculator** ,2007 EPA s Carbon and Ecological Footprint Events Calculator helps organisers plan a low Footprint event by highlighting the main environmental impacts of an event helping to identify actions to avoid and reduce the impacts for organisers delegates host venues and exhibitors helping organisers plan and achieve a carbon neutral event *S&P Global* ,2007 Peace culture and education from a Buddhist perspective **Michigan Audubon Society Quarterly News Letter** ,2008 **Six Sigma for Sustainability** Tom McCarty, Michael Jordan, Daniel Probst, 2011-07-27 PROVEN STRATEGIES FOR CREATING CORPORATE SUSTAINABILITY PROGRAMS Co written by Six Sigma Black Belts and LEED Accredited Professionals this pioneering guide reveals how to use the power of Six Sigma to develop and implement enterprise wide green initiatives Six Sigma Sustainability explains how typical Six Sigma DMAIC structures such as program governance project charters transfer functions measurement systems risk assessment and process design support environmentally sound business practices Real world examples demonstrate how specific problems in areas such as carbon emissions energy conservation materials recycling water use and finance can be solved using Six Sigma tools The detailed information in this practical resource helps you to deliver innovative programs that simultaneously reduce environmental impact and create business value COVERAGE INCLUDES Developing the business case for necessary investments in sustainability Sustainability leadership and the collaborative management model Applying the

Six Sigma transfer function framework to identify critical drivers of success Sustainability measurement and reporting
Designing a change management strategy and leveraging teams using the Six Sigma DMAIC framework Managing corporate
real estate portfolios in compliance with green initiatives Case studies that show how to use Six Sigma methodologies to
improve sustainability functions Design for Six Sigma using the House of Quality and other essential Six Sigma design tools
Stakeholder management best practices for driving adoption of high quality solutions

Carbon Footprint Checklist Book Review: Unveiling the Magic of Language

In an electronic digital era where connections and knowledge reign supreme, the enchanting power of language has become more apparent than ever. Its power to stir emotions, provoke thought, and instigate transformation is truly remarkable. This extraordinary book, aptly titled "**Carbon Footprint Checklist**," published by a highly acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound effect on our existence. Throughout this critique, we will delve into the book's central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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