

- ✔ Treat your **HOTEL ROOM** like it is your own **HOME**
- ✔ Know the **LOCAL CUSTOMS** and follow them
- ✔ Find out the real **MONETARY VALUE** of things and adhere to those prices
- ✔ Ask for permission before taking somebody's **PHOTO**
- ✔ Respect local **TRADITIONS** and **RELIGION**
- ✔ Learn some basic words and phrases in the local **LANGUAGE**
- ✔ Support the local shops and **ARTISANS**
- ✔ Report **CHILD** sex tourism

- ❌ Don't throw away or leave behind any **EXPENDABLES** that you brought
- ❌ Don't buy illegal **WILDLIFE** products and **HERITAGE** antiques
- ❌ Don't encourage **BEGGING** by giving money to paupers and **STREET KIDS**, rather donate to a local **NGO**
- ❌ Don't overly display your "first-world" **GADGETS**
- ❌ Don't be condescending or arrogant when **TALKING** to locals
- ❌ Don't **JUDGE** an entire culture based on a single individual
- ❌ Don't agree to **BRIBE** officials
- ❌ Don't **LITTER**, even if locals do



Offset your **CARBON FOOTPRINT**



Join a local **NGO** or do some **VOLUNTARY** work  
 ↳ learn how you can make a difference



Curb your **FREEDOM** of **SPEECH** about government and religion  
 ↳ not doing so could get you and your local friends in serious trouble



Stay in family-run hotels/hostels or do a **HOMESTAY**



Minimize air travel in favor of land or sea **TRANSPORT**



Set a **GOOD EXAMPLE** for locals and fellow travelers  
 ↳ how you behave will influence how locals see future travelers



Carry **REUSABLE CONTAINERS**  
 ↳ use them at street food and drink stalls instead of the disposable ones provided



"Take nothing but pictures. Leave nothing but footprints. Kill nothing but time."

# Tutorial Sustainable Travel

**M Planty**



## **Tutorial Sustainable Travel:**

## Whispering the Secrets of Language: An Mental Quest through **Tutorial Sustainable Travel**

In a digitally-driven world where monitors reign supreme and instant transmission drowns out the subtleties of language, the profound secrets and psychological subtleties concealed within words often go unheard. Yet, nestled within the pages of **Tutorial Sustainable Travel** a fascinating literary prize pulsing with raw thoughts, lies a fantastic journey waiting to be undertaken. Penned by a skilled wordsmith, that charming opus encourages readers on an introspective journey, delicately unraveling the veiled truths and profound influence resonating within the very material of every word. Within the emotional depths of the touching evaluation, we can embark upon a sincere exploration of the book is key subjects, dissect their charming publishing model, and fail to the powerful resonance it evokes deep within the recesses of readers hearts.

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