

# SYMPTOMS OF SLEEP DISORDER

INSOMNIA

NIGHTMARES

SNORING

DAYTIME  
SLEEPINESS

SUN-INDUCED

WEIGHT  
CHANGES

SUNHEADACHE

SLEEP  
MOVEMENTS

LOSS OF  
INTEREST

RESTLESSNESS  
AND IRRITABILITY



# Sleep Disorders

**Robert R. Redfield**



## **Sleep Disorders:**

Uncover the mysteries within Explore with is enigmatic creation, Embark on a Mystery with **Sleep Disorders** . This downloadable ebook, shrouded in suspense, is available in a PDF format ( PDF Size: \*). Dive into a world of uncertainty and anticipation. Download now to unravel the secrets hidden within the pages.

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