

## Assessment of Spasticity

- **Modified Ashworth Scale**  
Rating the severity of spasticity by measuring resistance
- Range of motion to evaluate joint girding, and prevent at daily activities (ADLs)
- **Functional assessment:** Observation of movement activities (ADLs)

## Physiotherapy Interventions

- **Stretching:** Slow, sustained stretches of spastic muscles, supplemented by passive and active interplay
- **Strengthening of antagonist**  
Progressive resistance exercises



# Spasticity Mechanisms And Management

**Julia Schneider**



## **Spasticity Mechanisms And Management:**

## Decoding **Spasticity Mechanisms And Management**: Revealing the Captivating Potential of Verbal Expression

In a time characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its power to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Spasticity Mechanisms And Management**," a mesmerizing literary creation penned by a celebrated wordsmith, readers set about an enlightening odyssey, unraveling the intricate significance of language and its enduring effect on our lives. In this appraisal, we shall explore the book's central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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