



# PLASTIC FREE JULY

## - choices checklist -



### WHAT TO AVOID

### HOW TO AVOID IT

**YES**  
FILLING IT

Relying on Plastic Recycling

Avoid as much plastic packaging as you can

Microbeads

Minimise synthetic clothing washes, Don't buy personal care products containing microbeads

Bottled Cleaning Products

Refill when your bottles are empty

Food Packaging: Dry Goods

Buy from a bulk store refilling your reusable containers

Food Packaging: Meat / Fish

Minimise consumption, Shop at the deli/ butcher for paper wrapped cuts

Food: Produce

Opt for loose fruit and veg

Plastic Straws

Opt for a Reusable Straw, Refuse when you are out

Takeaway Coffee Cups

Use your own cup or relax and sit in

Takeaway Utensils & Containers

Bring your own reusables first and foremost, Support vendors that have home compostable options (bamboo and non plastic-lined card), Dine in

Bottled Water

Reusable water bottle, Refill from the tap

Bin Liners

Have a sealed container for 'wet' scraps, Compost or freeze until bin day, Line kitchen bin with paper

Pet Poop in Plastic Bags

Use cornstarch based compostable bag, Have a dedicated pet poop composting system at home

Milk Containers

DIY nut milk, Glass bottles

Plastic Food Wrap

Store food in container or jars, Use beeswax wraps

Litter

Cigarette butts are plastic so place in the landfill bin, Avoid releasing balloons, Pick up litter!



# Plastic Free Checklist

**Richard Bailey**



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web average pen blanks are about 3 4x3 4 since our squares are 2 we should be able to get 4 half blanks out of each

depending on the amount of glue squeeze out and how straight you were able to keep the edges during gluing you might be able to cut it in half on the table saw without any kind of jointing

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web in this video i ll make a pen with a 45 degree segmented blank the pen kit is a stainless steel kit made in the usa  
lazerlinez com ll woodwo

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web may 24 2023 here are ten of my latest segmented pen blanks that i have constructed in the past few months during the virus stay at home time they are made of wood veneer and acrylic material the patterns are brick herringbone celtic knot square inserts reversed spiral and two unnamed others

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web decide which pen kit you are going to use and rough up the tube measure the tube and divide it up into 1 8 pieces as shown the diablo saw blade has a 1 16 kerf and you will cut 17 slices so you will have to allow for the saw blade kerf so 17 16 plus the length of the pen tube of 2 1 8 3 3 16 in length

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web building segmented pen blanks by jim boyd ron sardo ron mcintire and mike vickery this document came together with the idea that turners interested in making segmented pens could get information on different styles techniques and tools used to make segmented pens in one place

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web prepping pen blanks as with any segmenting wood that has contrast such as maple or walnut is best the acrylic and wood blanks are both chopped at 45 degrees either on the table saw using a sledge or on the bandsaw it will help if both pieces are the same diameter so i can drill the blank true

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web jan 14 2008 when we made our first segmented pens we had no idea what we were doing and made it up as we went here are the basic steps we took 1 we got the blanks we wanted to segment and a pen kit 2 we drilled a hole as far into the uncut blank that our drill press would allow 3 set the cms to 45 and started cutting the wood into

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