

UNDERSTANDING ARTHRITIS

Osteoarthritis (OA)

- Most common type of arthritis.
- Primarily affects cartilage, the tissue that cushions the ends of bones within the joints.
- May initially affect joints asymmetrically.
- Affects mostly mid-weight-bearing joints.
- Can cause pain, pain and stiffness.
- Usually develops slowly over many years.

○ = joints most commonly affected



Rheumatoid Arthritis (RA)

- Causes redness, warmth, and swelling of joints.
- Usually affects the same joints on both sides of the body.
- Often causes a general feeling of sickness, fatigue, weight loss, and fever.
- May develop nodules, white nodules or growths.
- Most often begins between ages 30 and 50.

○ = joints most commonly affected

Other Arthritic Diseases

They include the most common types of all rheumatic diseases. They include the most common types of all rheumatic diseases. They include the most common types of all rheumatic diseases.

Gouty Arthritis (Gout)

- Caused by uric acid deposits in the joints that trigger an attack and cause the tissue damage.
- Often affects the big toe, but can occur in other joints.
- Attacks are usually very painful and can be recurrent.

Psoriasis

Arthritis that develops in people who have psoriasis on their skin. It is a chronic, autoimmune, swelling, and pain in the affected joints.

Systemic Lupus Erythematosus

Autoimmune disease that can affect any part of the body. It is a chronic, autoimmune, swelling, and pain in the affected joints.

Rheinitis

Inflammation of a joint, usually associated with rheumatoid arthritis. It is a chronic, autoimmune, swelling, and pain in the affected joints.

Dyshidrotic Eczema

Itchy skin condition that causes small blisters on the hands and feet. It is a chronic, autoimmune, swelling, and pain in the affected joints.

Psoriasis

Chronic skin condition that causes red, scaly patches on the skin. It is a chronic, autoimmune, swelling, and pain in the affected joints.

Common Symptoms of Arthritis

- Swelling in one or more joints.
- Pain or stiffness in one or more joints, especially in the morning or after a period of inactivity.
- Redness and warmth in one or more joints.
- Difficulty moving one or more joints.
- Fatigue and weakness.
- In some cases, loss of appetite and weight loss.

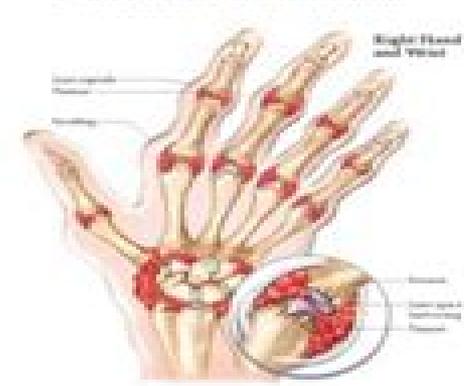


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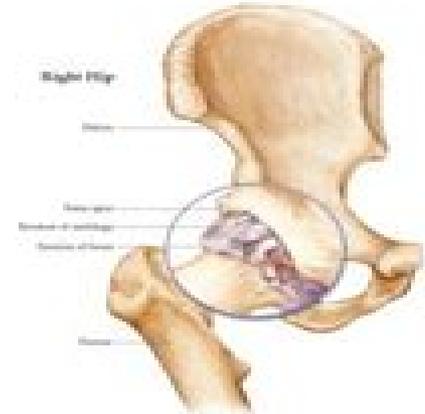
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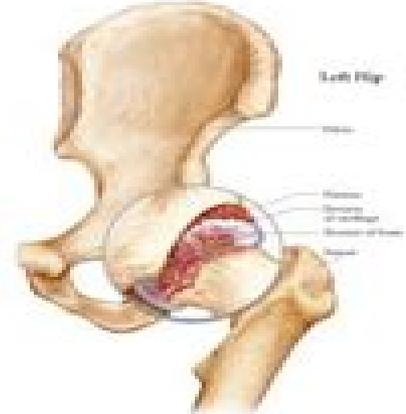
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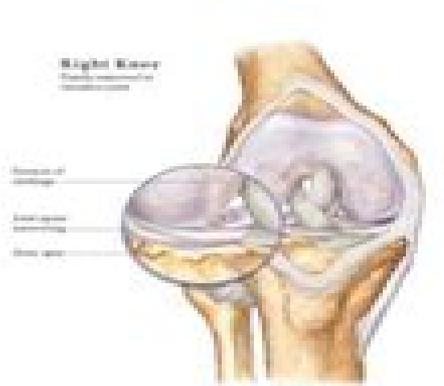
Right Hip



Left Hip



Right Knee



Left Knee



Understanding Arthritis

S Marginson



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