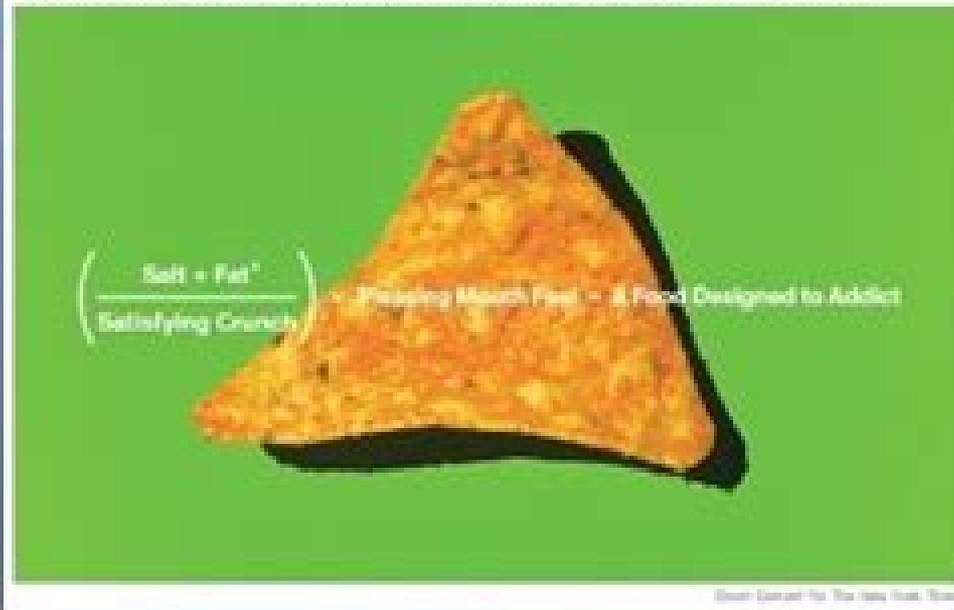


“Bet You Can’t Eat JUST One!”

The Extraordinary Science of Addictive Junk Food



“We live in a world where food chemists make foods **ADDICTIVE** for more consumption.”

Dr. Mathieu Lafont, Ph.D. Organic Chemistry, Harvard University

Food chemists utilize a technique called achieving the “bliss point”. This technique involves combining fat, sugar and salt in just the right ratios, so the food literally becomes nearly **IMPOSSIBLE** to stop consuming. Foods like this, it should be noted, are only made in labs, and not found in nature.



CANDY BAR

Sugar + Fat



What do food chemists use?

1. Sugar
2. Salt
3. Fat



Food manufacturers nearly **ALWAYS** make sure 2 of these 3 are in their foods.

Way To Bliss In Threes

JE Gale



Way To Bliss In Threes:

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