



## Fundamentals of Rhythm and Dances Physical Education 12

LESSON: 4

### **BASIC STEPS IN 2/4 TIME SIGNATURE**

#### LESSON 3: Basic dance Step in 2/4 time signature

Dance Steps	Dance Pattern
<b>Count: 1,2 = 1 Measure</b>	
<b>Touch step</b>	POINT, CLOSE - Point Right foot (forward, sideward, or backward) (ct.1); close right foot to left foot (ct.2)
<b>Bleking step</b>	- HEEL PLACE, CLOSE - Heel place right foot (forward or sideward) ct.1); close left foot to right foot (ct.2)
<b>Close step</b>	- STEP, CLOSE - Step Right foot (any direction) (ct.1); close Left foot to Right (ct.2).
<b>Cross step</b>	- STEP, CROSS-STEP - Step Right foot (ct.1); cross and step left foot to Right foot (ct.2)
<b>Brush step</b>	- STEP, BRUSH - Step Right foot (any direction) (ct.1); brush Left foot (ct.2)
<b>Hop step</b>	- STEP, HOP - Step right foot (any direction) (ct.2); hop on Right foot (ct.2)
<b>Slide Step</b>	-SLIDE, CLOSE - Slide right foot sideward or forward (ct.1); close Left foot to Right foot (ct.2)

# Steps In Time

**AW Rasmussen**



**Steps In Time:**

## Unveiling the Power of Verbal Artistry: An Mental Sojourn through **Steps In Time**

In some sort of inundated with displays and the cacophony of quick connection, the profound power and mental resonance of verbal beauty often diminish in to obscurity, eclipsed by the regular barrage of noise and distractions. Yet, located within the lyrical pages of **Steps In Time**, a charming perform of literary splendor that pulses with natural feelings, lies an remarkable journey waiting to be embarked upon. Penned by way of a virtuoso wordsmith, that magical opus guides readers on an emotional odyssey, softly exposing the latent potential and profound impact embedded within the intricate web of language. Within the heart-wrenching expanse of this evocative analysis, we shall embark upon an introspective exploration of the book is main styles, dissect their interesting publishing type, and immerse ourselves in the indelible impact it leaves upon the depths of readers souls.

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