



# NUTRITION SUPPORT CALCULATION TUTORIAL

## Calculating PN Provision based on Stock Solutions

Repeat formulae 100 ml of 20% dextrose, 200 ml of 20% dextrose total energy and volume

Have grams protein, need to calculate

- Dextrose = 100g
- Lipids = 25g
- Protein = 10g

### SCENARIO

40-year-old male, admitted with acute pancreatitis & pseudocyst

Needs Assessed:  
1500 kcal = 90 g protein

#### Anthropometrics

- Actual weight 75 kg
- Height 67 inches
- Patient assessed with values
- 60 kcal
- 10-12g
- 1000-200



200g dextrose x 1000 / 1000 ml / 75 kg = 2.67

- Lipid Infusion Rate:  
40 g lipid / 75 kg / 24 hrs = 0.222 g/kg/d

## Nutrition Assessment Calculations & Conversions

Pounds to kg – divide by 2.2

## PN Practice Calculation Scenario



<https://nutritionstudysupport.com>

# Nutrition Guide Tutorial

**Scott C. Dulebohn**



## **Nutrition Guide Tutorial:**

*Food and Nutrition Information Center Microcomputer Software Collection* Natalie Updegrave Partridge, 1993 *Life Cycle Nutrition for Public Health Professionals* Kyle L. Thompson, M. Margaret Barth, Melissa D. Gutschall, 2024-01-20 *Life Cycle Nutrition for Public Health Professionals* is the first textbook using a public health approach and population focused lens to explore nutrition across each life cycle phase. It provides the basic principles of normal nutrition across each developmental phase in the life course along with the foundational knowledge of key determinants, challenges, and outcomes among communities and populations within each nutrition phase. Using the Public Health 30 framework as a guide, the text illustrates how evidence-based public health nutrition programs can improve individual and population health. This comprehensive text contains chapters spanning every major life cycle phase from preconception and pregnancy through older adulthood. It covers optimal growth and development, health promotion and prevention topics, public health nutrition issues, social determinants of health, and examples of evidence-based public health nutrition programs and policies in the United States and around the globe. Major public health nutrition themes found in life cycle phases are discussed, including food security, life stage issues in vulnerable populations, maternal and child health, childhood obesity, chronic disease prevention, optimal aging, public health nutrition emergency management issues, health communication and health education, as well as economic impacts of poor public health nutrition. With a strong emphasis on evidence-based practice and cultural competencies and featuring case studies, discussion questions, and learning activities in each chapter, *Life Cycle Nutrition for Public Health Professionals* is a unique, engaging, and essential resource. **Key Features:** Presents life cycle nutrition through a public health and social ecological lens; Emphasizes professional, evidence-based approaches to problem-solving in the field with a Public Health 30 focus; Highlights real-world examples of effective public health interventions with engaging case studies; What Works sections and Resources for Further Learning; Integrates the social determinants of health and their impact on racial and ethnic health disparities throughout each chapter. **ABC of Intensive Care** Graham R. Nimmo, Mervyn Singer, 2011-08-02 This new and updated edition is a practical guide to intensive care for the non-specialist, providing the core knowledge and principles of intensive care patient management. From general principles through to critical care, outreach, and end-of-life care, it covers best practice management in the intensive care unit. It includes the key organ system support as well as monitoring sepsis, brain stem death, and nutrition in intensive care. There is also full coverage of organ donation. This invaluable resource is highly illustrated in colour throughout with new images, references to key evidence, and further reading and resources in each chapter. It is ideal for junior doctors, medical students, and specialist nurses working in an acute hospital setting and the ICU and neonatal ICU, and for anyone involved in the management and care of intensive care patients. Endorsed by the Intensive Care Society UK and the Scottish Intensive Care Society, this title is also available as a mobile App from MedHand Mobile Libraries. Buy it now from Google Play or the MedHand Store. *Food*

*and Nutrition Information and Educational Materials Center catalog* Food and Nutrition Information Center (U.S.),1976  
Catalog. Supplement - Food and Nutrition Information and Educational Materials Center Food and Nutrition Information and Educational Materials Center (U.S.),1976     Directory of Food and Nutrition Information for Professionals and Consumers Robyn C. Frank,Holly Berry Irving,1992 Emphasizes nutrition education food science food service management and related aspects of applied nutrition Part I has chapters on organizations that provide information services and or resources on food and nutrition academic programs software and databases Part II is composed of annotated bibliographic entries and lists of organizations Intended to assist nutritionists dietitians health professionals educators librarians and consumers in identifying sources of food and nutrition information     *Directory of Food and Nutrition Information Services and Resources* Robyn C. Frank,1984 Directory intended to assist nutritionists and other interested professionals as to sources of food and nutrition information Emphasis is on management education food science and related aspects of applied nutrition Arranged under nine chapters dealing with such topics as databases reference materials and organization and agencies Each entry gives discription Subject geographical organization and program indexes     **The 1984 Educational Software Preview Guide** ,1984     The Latest and Best of TESS ,1991     Educators Guide to Free Internet Resources Educators Progress Service,2007-05 To provide our customers with a better understanding of each title in our database we ask that you take the time to fill out all details that apply to each of your titles Where the information sheet asks for the annotation we ask that you provide us with a brief synopsis of the book This information can be the same as what may appear on your back cover or an entirely different summary if you so desire     Nutrition Education Resources & Bibliography ,1994  
*Conference on Guidelines for Nutritional Education in Medical Schools and Postdoctoral Programs* Philip Louis White,L. Kathleen Mahan,Maggie E. Moore,1972     Microcomputers in Education ,1984     **Computers in the Home Economics Classroom** Ruth E. Browning,1985     **Diet and Nutrition Sourcebook** Dan R. Harris,1996 Healthy nutrition has become a subject of growing concern and reappraisal According to recent research one third of the adult U S population is obese At the same time one third of American men and one half of American women are trying to diet Currently the typical household eats one meal out of five outside of the home four out of seven of these in fast food restaurants The Diet and Nutrition Sourcebook provides the layperson with the latest research and recommendations regarding proper dietary practices  
Elementary Teachers Guide to Free Curriculum Materials 2005-06 Educators Progress Service,2005-05     Journal of the American Dietetic Association ,2000     Library Media Connection ,1989     **British universities' guide to graduate study** Association of Commonwealth Universities,1985     *Library World* ,1915

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