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We're Here To Help.

My Student Assistance Program (SAP)

What is a Student Assistance Program (SAP)?

An SAP is here for you when you and your immediate family members are dealing with life's challenges.

You can count on your SAP for guidance and support when it comes to assessing your concerns and developing strategies for addressing any of the following:

- *School-life balance*
- *Family or relationship issues*
- *Emotional issues*
- *Alcohol and drug-related issues*
- *Other issues that interfere with your daily living, happiness, and overall well-being*

CONFIDENTIAL

NO COST

24/7 ACCESS

What Does My SAP Provide?

TELEPHONE CONSULTS

- Phone lines open **24/7/365**
- Phones answered by a **masters-level clinician**
- Make as many calls as needed (**no limit**)

VIRTUAL COUNSELING

- Receive up to **six (6) FREE virtual counseling sessions**
- After 6 sessions, referral options may be provided

How Do I Use My SAP?

It's **easy**. It's **free**. It's **confidential**.

Call 800.327.4692

Together, we will identify steps you can take to resolve whatever challenge life is throwing your way. We're here to help!

Student Assistance Program

Lei Shi



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Student Assistance Programs in Pennsylvania Pennsylvania. Department of Education. Network for Student Assistance Services,1995 The Student Assistance Program Gary L. Anderson,1981 **Preventing Alcohol Problems Through a Student Assistance Program** ,1984 *The Student Assistance Program* Gary L. Anderson,Sara Krebsbach,Susan Fredlund,1986 *Oversight on Current Status and Administration of Federal Student Assistance Programs* United States. Congress. House. Committee on Education and Labor. Subcommittee on Postsecondary Education,1982 **Complete Student Assistance Program Handbook** Barbara Sprague Newsam,1992 Includes ready to use curriculums policies forms handouts strategies for designing an assistance program for any school Includes staff training program promotion implementation **Pennsylvania Department of Education Plan for the General Assembly** Pennsylvania. Department of Education,1991* Preventing Alcohol Problems Through a Student Assistance Program ,1984 *Student Assistance Program in Pennsylvania* ,2000 **Developing an Effective Student Assistance Program for a Small School District** Suzanne Gunn,1985 **New Jersey Office of Student Assistance Program Manual** New Jersey. Office of Student Assistance,1978 *The Effectiveness of the Pennsylvania Student Assistance Program* Denise E. Johnston,2007

Understanding the Connection ,2004 Briefly defines a student assistance program reports what comprises a program its nine major components Presents the connection between student assistance programs and random student drug testing

Are You Worried about Your Child? Pennsylvania. Department of Education,Pennsylvania. Department of Health,Pennsylvania. Department of Public Welfare,2004 *Colorado Handbook for State-funded Student Assistance Programs* ,1988 **Families and the Commonwealth Student Assistance Program** Pennsylvania. Department of Education,Pennsylvania. Department of Health,Pennsylvania. Department of Public Welfare,2000 **Overview and Evaluation of the Student Assistance Program in Pennsylvania and Allegheny County** Stephanie Juone Dorwart,2003

Student Assistance Program Danny Paul Sciacqua,2006 **Student Assistance Training** ,1999 Manual for two day training for student assistance professionals and school counselors Features student assistance program components risk and protective factors identifying student strengths team and group development problem solving **Youth Suicide Prevention Programs** Patrick W. O'Carroll,Centers for Disease Control (U.S.),1992

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