

The background of the cover is a photograph of a beach. In the foreground, a large, intricate sand mandala is drawn on the sand, featuring concentric, wavy patterns. A small figure of a person stands in the distance on the beach, near the water's edge. The sky is a clear, bright blue with some light clouds.

Understanding
EATING
DISORDERS
RISK FACTORS, DIAGNOSIS, TREATMENT AND RECOVERY

Written and edited by
Danielle Beck-Ellsworth

Understanding Recovery From Eating Disorders

**Thirumalaisamy P.
Velavancorresponding**



Understanding Recovery From Eating Disorders:

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