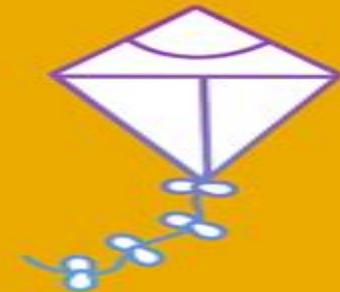


4 STEPS TO SUCCESSFULLY MANAGING CHANGE

Infographic by @VivGrant

1 LETTING GO

- Recognise that some or all elements of the past have served their purpose
- Overcome any feelings of resistance that may be keeping you and others stuck
- Realise that you have a choice as to the mindset and attitude you adopt for dealing with change



2 ACCEPTANCE

- Find ways to 'dig deep' and become comfortable with the feelings that accompany change, such as, anxiety, doubt and regret
- Learn to be solution-focused in your thinking
- Choose very carefully with whom you surround yourself

3 ACTION

- Be brave and learn to take risks
- Recognise that we learn from our mistakes
- Be prepared to be seen and act differently



4 EMBRACE CHANGE

- Give full expression to your values and all that the change process has meant for you and your school
- Acknowledge all that has been learnt and find moments to affirm and celebrate both organisational and individual growth
- Find a way to come to know yourself and your school on new terms



Successfully Managing Change

JG Myers



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