

Pushing the Boundaries of a Stroke “Stepdown” Unit: Our Interdisciplinary Approach to Care

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Introduction

Morgantown, West Virginia is located along the Monongahela river about 75 miles south of Pittsburgh, Pennsylvania in North Central West Virginia, and is primarily known as the location for West Virginia University. Known as the mountain state, West Virginia is entirely located within the Appalachian Mountains providing it with a wide range of landscapes, from rolling hills, to mountains, winding rivers, and dense forests. West Virginia has a population of approximately 1.77 million people. Given the unique location of Ruby Memorial Hospital, patients from all over the state of West Virginia, as well as the surrounding states of Ohio, Maryland, Virginia and Pennsylvania travel to Morgantown for acute stroke care.

This article presents our highly specialized stepdown unit which provides care to neuroscience and acute stroke patients at Ruby Memorial Hospital in Morgantown, West Virginia USA.

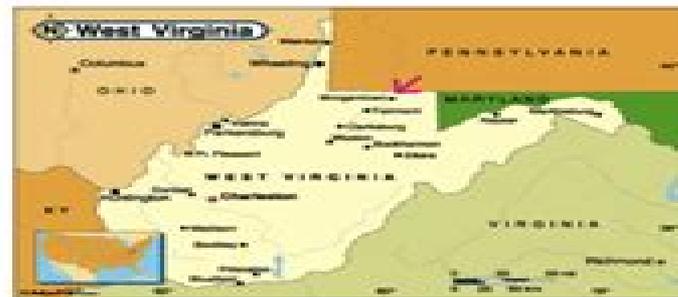


Photo: Map of West Virginia and Surrounding States.¹ The red arrow points to the location of Morgantown, West Virginia, the location of the authors' specialized neuroscience/stroke stepdown unit. Patients are received from across the state of West Virginia, as well as Pennsylvania, Maryland, Virginia, and Ohio.

Our Hospital and Stroke Service

Ruby Memorial Hospital is the largest hospital in the West Virginia University Hospital Health System with 690 beds, and is the only Joint Commission certified comprehensive stroke center in West



Stroke Care An Interdisciplinary Approach

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