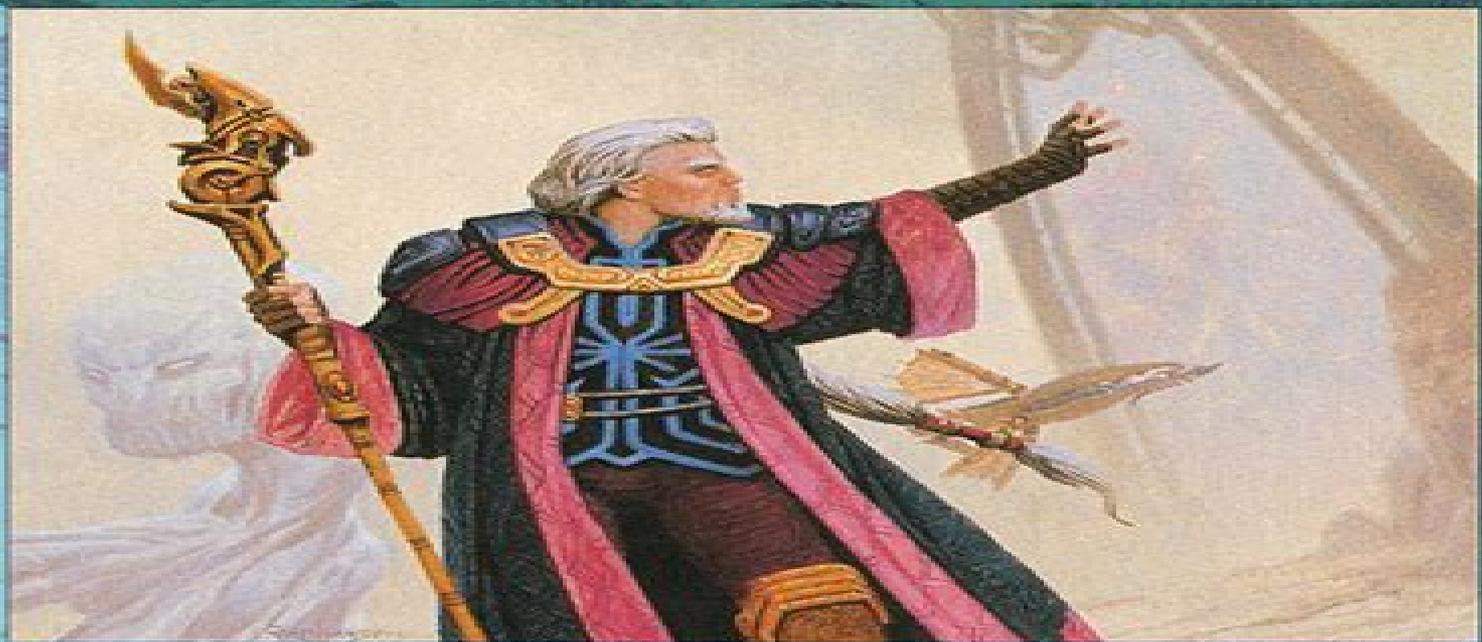


# Mind Over Matter

2



Enchantment



Choose and discard a card: Tap or untap target artifact, creature, or land.

*Lyna turned to the figure beside her.  
“They’re gone. What now?”  
“As ever,” said Urza, “we wait.”*

Illus. Keith Parkinson

© 1993–1998 Wizards of the Coast, Inc. 40/143

# Workshop Guide Mind Over Matter

**SJ Ball**



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**Mind over Matter: How Spirituality Changes Lives**, 2025-02-27 Mind over Matter is an interdisciplinary collection of essays exploring how spirituality changes lives in a variety of ways Unlike much philosophically rooted literature on spirituality it encourages an understanding of what can be achieved through faith belief and self confidence without reliance on specific or necessarily any religious doctrines or views From theistic non theistic or atheistic perspectives each chapter addresses a distinctive phenomenon for example spirituality and healing spirituality and art spirituality and running and spirituality as a response to disaster Not only do they integrate the results of scientific research and other intellectual investigations to illuminate accomplishments and sometimes possible sources of failure but they are also written by academics with practical experience in relevant areas or at least informed by ideas of practitioners

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Loyd Auerbach, 2017-07-08 Journey Inside and Outside Yourself to Develop Psychic Powers through Fascinating and Effective Techniques The mind is a powerful tool that when properly focused can do amazing things for both your body and the world around you In Mind Over Matter Loyd Auerbach presents an impressive variety of topics including telekinesis faith healing spirit communication stigmata shamanism firewalking psychic attacks levitation and more This remarkable book helps you develop your psychic abilities build your confidence and self esteem and keep a responsible attitude as you learn to psychically affect yourself and others You ll also explore how to Ease your body s ailments through mental health Investigate ghosts and be at the center of a poltergeist experience Improve your physical performance by exercising your mind Move objects through psychokinesis

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