

REMARKABLE RESULTS  
IN 30 DAYS

# *The* **30 DAY** **WEIGHT LOSS** *Framework* by April Laugh



Personal lessons, meal plans,  
and workout guides that will  
help your body and mind focus  
on your weight loss journey.

Easy-to-follow  
plan to help you  
lose up to 10  
pounds in 30 days  
and keep it off!

# Weight Loss Framework

**Minjie Lin**



## **Weight Loss Framework:**

Immerse yourself in heartwarming tales of love and emotion with is touching creation, Tender Moments: **Weight Loss Framework** . This emotionally charged ebook, available for download in a PDF format ( \*), is a celebration of love in all its forms. Download now and let the warmth of these stories envelop your heart.

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