

The background of the slide is a repeating pattern of yellow smiley faces (:) on a dark, textured background. The smiley faces are arranged in a grid-like pattern, with some faces appearing slightly more prominent than others due to a subtle perspective or lighting effect.

PSYC2381 – Positive
Psychology

Tutorial
Week 2

Positive Psychology Tutorial

Louise Lambert



Positive Psychology Tutorial:

This is likewise one of the factors by obtaining the soft documents of this **Positive Psychology Tutorial** by online. You might not require more era to spend to go to the books opening as capably as search for them. In some cases, you likewise complete not discover the notice Positive Psychology Tutorial that you are looking for. It will agreed squander the time.

However below, like you visit this web page, it will be therefore very easy to acquire as with ease as download guide Positive Psychology Tutorial

It will not allow many epoch as we notify before. You can do it even though accomplish something else at home and even in your workplace. fittingly easy! So, are you question? Just exercise just what we meet the expense of under as competently as review **Positive Psychology Tutorial** what you past to read!

https://thebrandexperience.com/About/detail/Download_PDFS/tniv_bible_51_windows_cd_rom.pdf

Table of Contents Positive Psychology Tutorial

1. Understanding the eBook Positive Psychology Tutorial
 - The Rise of Digital Reading Positive Psychology Tutorial
 - Advantages of eBooks Over Traditional Books
2. Identifying Positive Psychology Tutorial
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Positive Psychology Tutorial
 - User-Friendly Interface
4. Exploring eBook Recommendations from Positive Psychology Tutorial
 - Personalized Recommendations

- Positive Psychology Tutorial User Reviews and Ratings
- Positive Psychology Tutorial and Bestseller Lists
- 5. Accessing Positive Psychology Tutorial Free and Paid eBooks
 - Positive Psychology Tutorial Public Domain eBooks
 - Positive Psychology Tutorial eBook Subscription Services
 - Positive Psychology Tutorial Budget-Friendly Options
- 6. Navigating Positive Psychology Tutorial eBook Formats
 - ePub, PDF, MOBI, and More
 - Positive Psychology Tutorial Compatibility with Devices
 - Positive Psychology Tutorial Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Positive Psychology Tutorial
 - Highlighting and Note-Taking Positive Psychology Tutorial
 - Interactive Elements Positive Psychology Tutorial
- 8. Staying Engaged with Positive Psychology Tutorial
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Positive Psychology Tutorial
- 9. Balancing eBooks and Physical Books Positive Psychology Tutorial
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Positive Psychology Tutorial
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Positive Psychology Tutorial
 - Setting Reading Goals Positive Psychology Tutorial
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Positive Psychology Tutorial
 - Fact-Checking eBook Content of Positive Psychology Tutorial

- Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

Positive Psychology Tutorial Introduction

In today's digital age, the availability of Positive Psychology Tutorial books and manuals for download has revolutionized the way we access information. Gone are the days of physically flipping through pages and carrying heavy textbooks or manuals. With just a few clicks, we can now access a wealth of knowledge from the comfort of our own homes or on the go. This article will explore the advantages of Positive Psychology Tutorial books and manuals for download, along with some popular platforms that offer these resources. One of the significant advantages of Positive Psychology Tutorial books and manuals for download is the cost-saving aspect. Traditional books and manuals can be costly, especially if you need to purchase several of them for educational or professional purposes. By accessing Positive Psychology Tutorial versions, you eliminate the need to spend money on physical copies. This not only saves you money but also reduces the environmental impact associated with book production and transportation. Furthermore, Positive Psychology Tutorial books and manuals for download are incredibly convenient. With just a computer or smartphone and an internet connection, you can access a vast library of resources on any subject imaginable. Whether you're a student looking for textbooks, a professional seeking industry-specific manuals, or someone interested in self-improvement, these digital resources provide an efficient and accessible means of acquiring knowledge. Moreover, PDF books and manuals offer a range of benefits compared to other digital formats. PDF files are designed to retain their formatting regardless of the device used to open them. This ensures that the content appears exactly as intended by the author, with no loss of formatting or missing graphics. Additionally, PDF files can be easily annotated, bookmarked, and searched for specific terms, making them highly practical for studying or referencing. When it comes to accessing Positive Psychology Tutorial books and manuals, several platforms offer an extensive collection of resources. One such platform is Project Gutenberg, a nonprofit organization that provides over 60,000 free eBooks. These books are primarily in the public domain, meaning they can be freely distributed and downloaded. Project Gutenberg offers a wide range of classic literature, making it an excellent resource for literature enthusiasts. Another popular platform for Positive Psychology Tutorial books and manuals is Open Library. Open Library is an initiative of the Internet Archive, a non-

profit organization dedicated to digitizing cultural artifacts and making them accessible to the public. Open Library hosts millions of books, including both public domain works and contemporary titles. It also allows users to borrow digital copies of certain books for a limited period, similar to a library lending system. Additionally, many universities and educational institutions have their own digital libraries that provide free access to PDF books and manuals. These libraries often offer academic texts, research papers, and technical manuals, making them invaluable resources for students and researchers. Some notable examples include MIT OpenCourseWare, which offers free access to course materials from the Massachusetts Institute of Technology, and the Digital Public Library of America, which provides a vast collection of digitized books and historical documents. In conclusion, Positive Psychology Tutorial books and manuals for download have transformed the way we access information. They provide a cost-effective and convenient means of acquiring knowledge, offering the ability to access a vast library of resources at our fingertips. With platforms like Project Gutenberg, Open Library, and various digital libraries offered by educational institutions, we have access to an ever-expanding collection of books and manuals. Whether for educational, professional, or personal purposes, these digital resources serve as valuable tools for continuous learning and self-improvement. So why not take advantage of the vast world of Positive Psychology Tutorial books and manuals for download and embark on your journey of knowledge?

FAQs About Positive Psychology Tutorial Books

What is a Positive Psychology Tutorial PDF? A PDF (Portable Document Format) is a file format developed by Adobe that preserves the layout and formatting of a document, regardless of the software, hardware, or operating system used to view or print it. **How do I create a Positive Psychology Tutorial PDF?** There are several ways to create a PDF: Use software like Adobe Acrobat, Microsoft Word, or Google Docs, which often have built-in PDF creation tools. Print to PDF: Many applications and operating systems have a "Print to PDF" option that allows you to save a document as a PDF file instead of printing it on paper. Online converters: There are various online tools that can convert different file types to PDF. **How do I edit a Positive Psychology Tutorial PDF?** Editing a PDF can be done with software like Adobe Acrobat, which allows direct editing of text, images, and other elements within the PDF. Some free tools, like PDFescape or Smallpdf, also offer basic editing capabilities. **How do I convert a Positive Psychology Tutorial PDF to another file format?** There are multiple ways to convert a PDF to another format: Use online converters like Smallpdf, Zamzar, or Adobe Acrobats export feature to convert PDFs to formats like Word, Excel, JPEG, etc. Software like Adobe Acrobat, Microsoft Word, or other PDF editors may have options to export or save PDFs in different formats. **How do I password-protect a Positive Psychology Tutorial PDF?** Most PDF editing software allows you to add password protection. In Adobe Acrobat, for instance, you can go

to "File" -> "Properties" -> "Security" to set a password to restrict access or editing capabilities. Are there any free alternatives to Adobe Acrobat for working with PDFs? Yes, there are many free alternatives for working with PDFs, such as: LibreOffice: Offers PDF editing features. PDFsam: Allows splitting, merging, and editing PDFs. Foxit Reader: Provides basic PDF viewing and editing capabilities. How do I compress a PDF file? You can use online tools like Smallpdf, ILovePDF, or desktop software like Adobe Acrobat to compress PDF files without significant quality loss. Compression reduces the file size, making it easier to share and download. Can I fill out forms in a PDF file? Yes, most PDF viewers/editors like Adobe Acrobat, Preview (on Mac), or various online tools allow you to fill out forms in PDF files by selecting text fields and entering information. Are there any restrictions when working with PDFs? Some PDFs might have restrictions set by their creator, such as password protection, editing restrictions, or print restrictions. Breaking these restrictions might require specific software or tools, which may or may not be legal depending on the circumstances and local laws.

Find Positive Psychology Tutorial :

~~tniv bible 5.1 windows cd-rom~~

~~to a different drummer~~

~~to a young bird artist selected letters from louis agassiz fuertes to george...~~

~~to tame a tempest~~

~~to be continued.~~

~~to encourage/others~~

~~tobacco litigation afco v tia the case against pabive smoking~~

~~to everything its season malamala the story of a game reserve~~

~~todays teen agers~~

~~to the land of gold wickedness~~

~~to the manor born vol 4~~

~~to the power of three format audio~~

~~to be somebody teachers planning guide~~

~~to lambie with love~~

~~to london to london~~

Positive Psychology Tutorial :

[essentials of economics krugman paul r archive org](#) - Jun 30 2022

web jul 29 2022 part 1 what is economics first principles economic models trade offs and trade graphs in economics part 2 supply and demand supply and demand the market strikes back elasticity and taxation part 3 the production decision behind the supply curve inputs and costs perfect competition and the supply

essentials of economics paperback july 15 2013 amazon ca - Nov 04 2022

web jul 15 2013 economics 415 33 10 in stock adapted by kathryn graddy essentials of economics brings the captivating storytelling approach real world applications and innovative features of paul krugman and robin wells economics to the one term economics course

essentials of economics paul krugman paul r krugman - Oct 03 2022

web adapted by kathryn graddy it is the ideal text for teaching basic economic principles with enough real world applications to help students see the applicability but not so much detail as to

[essentials of economics high school by krugman paul](#) - May 30 2022

web oct 25 2010 choose the general economics book written by a nobel prize winner essentials of economics offers the reliable authorship of a nobel prize winner with the readability and pertinence of a new york times columnist paul krugman s unique style and voice educate students without overwhelming them

essentials of economics amazon co uk paul krugman robin - Apr 28 2022

web there is a newer edition of this item economics international edition 66 08 10 only 1 left in stock the greatest explainers of economics tackle the one semester course nobel prize winning economist paul krugman and his co author robin wells will help students to truly understand how micro and macroeconomic concepts play out in our world

essentials of economics 5th edition by paul krugman booktopia - Sep 02 2022

web dec 9 2019 the greatest explainers of economics tackle the one semester course nobel prize winning economist paul krugman and his co author robin wells will help students to truly understand how micro and macroeconomic concepts play out in our world

[essentials of economics paul krugman robin wells kathryn](#) - Mar 28 2022

web jul 15 2013 essentials of economics brings the captivating writing and innovative features of krugman wells to the one term micro macro module it is ideal for teaching basic economic principles in a real world context

essentials of economics 9781429218290 economics books - Jan 06 2023

web oct 1 2010 essentials of economics brings the same captivating writing and innovative features of krugman wells to the one term economics course adapted by kathryn graddy it is the ideal text for teaching basic economic principles with enough

real world applications to help students see the applicability but not so much detail as to
essentials of economics amazon co uk paul krugman - Feb 24 2022

web written for the one semester survey of economics course paul krugman and robin wells essentials of economics reflects
the authors strong belief that economics students learn best from a resource that offers compelling real world stories and
examples essentials of economics is built around narratives and stories many of them pulled from real

essentials of economics 9781319221317 economics books - Oct 15 2023

web sep 23 2019 paul krugman and robin wells signature story style helps one semester survey course students understand
how economic concepts play out in our world the new edition revised and enhanced throughout now offers holistic digital
learning tools as part of achieve a complete integrated online learning system isbn 10

essentials of economics 6th edition macmillan learning uk - Apr 09 2023

web mar 15 2023 essentials of economics author s paul krugman robin wells sixth edition 2023 publication date march 15
2023 paperback isbn 9781319498573 pages 704 the signature storytelling approach helps students taking the one semester
principles of economics course understand how economic concepts play out in our world

essentials of economics paul krugman macmillan learning - Jul 12 2023

web with essentials of economics sixth edition nobel laureate and new york times columnist paul krugman and robin wells
bring a fresh storytelling style to the one semester introduction to economics course

[essentials of economics 9781464186653 economics books](#) - Jun 11 2023

web sep 7 2016 business finance try prime and start saving today with fast free delivery buy new 104 99 list price 257 99
details save 153 00 59 free returns free delivery sunday september 3 or fastest delivery saturday september 2 order within
16 hrs 52 mins select delivery location only 4 left in stock order soon qty 1 buy

achieve for essentials of economics 1 term online macmillan - Aug 01 2022

web paul krugman and robin wells signature story style helps one semester survey course students understand how
economic concepts play out in our world the fifth edition of essentials of economics revised and enhanced throughout now
offers holistic digital learning tools as part of achieve a complete integrated online learning system

essentials of economics paul krugman robin wells kathryn - Dec 05 2022

web nov 2 2016 essentials of economics is unrivaled in its worldwide perspective which is deeply integrated into the
narrative and featured in many of the applications cases and stories as well as in the

essentials of economics 9781429278508 economics books - Aug 13 2023

web jul 15 2013 in stock adapted by kathryn graddy essentials of economics brings the captivating storytelling approach
real world applications and innovative features of paul krugman and robin wells economics to the one term economics course

essentials of economics paul krugman robin wells google - Mar 08 2023

web dec 19 2019 essentials of economics paul krugman robin wells macmillan learning dec 19 2019 business economics 704 pages the greatest explainers of economics tackle the one semester course

[essentials of economics by paul krugman goodreads](#) - Feb 07 2023

web jan 1 2006 choose the general economics book written by a nobel prize winner essentials of economics offers the reliable authorship of a nobel prize winner with the readability and pertinence of a new york times columnist paul krugman s unique style and voice educate students without overwhelming them

[essentials of economics paul krugman robin wells kathryn](#) - May 10 2023

web dec 1 2013 adapted by kathryn graddy essentials of economics brings the captivating storytelling approach real world applications and innovative features of paul krugman and robin wells economics

essentials of economics 6th edition macmillan learning us - Sep 14 2023

web economics essentials of economics request a sample or learn about ordering options for essentials of economics 6th edition by paul krugman from the macmillan learning instructor catalog

leading at the edge leadership lessons from the limits - Nov 06 2022

web lessons on authentic leadership from the 58th annual antarctic expedition in leading on the edge successful business speaker and consultant rachael robertson shares the

leading at the edge leadership lessons from the extraordinary - Apr 30 2022

web leading at the edge leadership lessons from the extraordinary saga of shackleton s antarctic expedition ebook perkins dennis holtman margaret murphy jillian

leading at the edge leadership lessons from the ex copy - Jan 28 2022

web sep 9 2023 meanwhile liberal leader peter dutton has maintained his opposition to the voice with shadow minister for indigenous australians jacinta nampijinpa price leading

leading at the edge leadership lessons from the - Aug 03 2022

web leading at the edge leadership lessons from the ex is available in our digital library an online access to it is set as public so you can get it instantly our digital library hosts

leading at the edge leadership lessons from the extraordinary - Jul 02 2022

web the book reveals 10 timeless leadership lessons that show readers how to instill optimism while staying grounded in reality have the courage to step up to risks worth

leadership lessons from the extraordinary saga of leader - Aug 15 2023

web leading at the edge leadership lessons from the extraordinary saga of shackleton s antarctic expedition is a great

book in december of 1914 lead by sir ernest

leading at the edge leadership lessons from the - Jul 14 2023

web leading at the edge leadership lessons from the extraordinary saga of shackleton s antarctic expedition perkins dennis n t amazon com tr kitap

leading at the edge the syncretics group - May 12 2023

web mar 28 2012 leading at the edge leadership lessons from the extraordinary saga of shackleton s antarctic expedition perkins dennis holtman margaret murphy jillian

tlecoaching com in your career - Dec 27 2021

web past currently we extend the colleague to purchase and make bargains to download and install leading at the edge leadership lessons from the ex fittingly simple you

former wa premier colin barnett to vote yes in voice to - Nov 25 2021

the edge how 10 ceos learned to lead and the lessons for - Dec 07 2022

web now for the first time ever leading at the edge draws on this amazing story to reveal the power of effective organizational leadership under conditions of uncertainty ambiguity

leading at the edge leadership lessons from the extraordinary - Mar 30 2022

web leading at the edge leadership lessons from the ex leading beyond the ego leading on the edge of chaos the leading edge leaders on leadership the

leading on the edge extraordinary stories and leadership - Sep 04 2022

web buy leading at the edge leadership lessons from the extraordinary saga of shackleton s antarctic expedition second by dennis perkins isbn 9780814431948

leading at the edge electronic resource leadership - Apr 11 2023

web may 5 2000 leading at the edge leadership lessons from the extraordinary saga of shackleton s antarctic expedition hardcover special edition may 5 2000 part

leading at the edge leadership lessons from the - Feb 09 2023

web jan 3 2022 the edge how 10 ceos learned to lead and the lessons for us all g iven that we live in a radically changing world what got you here won t get you there in

leading at the edge leadership lessons from the - Mar 10 2023

web abebooks com leading at the edge leadership lessons from the extraordinary saga of shackleton s antarctic expedition 9780814405437 by dennis n t perkins margaret p

leading at the edge leadership lessons from the extraordinary - Oct 05 2022

web part adventure tale and part leadership guide leading at the edge uncovers what the legendary antarctic adventure of sir ernest Shackleton his ship endurance and his

leading at the edge leadership lessons from the ex maitena - Jun 01 2022

web mar 28 2012 leading at the edge leadership lessons from the extraordinary saga of Shackleton's antarctic expedition drawing on the amazing story of Shackleton and his

leading at the edge leadership lessons from the extraordinary - Jun 13 2023

web drawing on this amazing story leading at the edge demonstrates the importance of a strong leader in times of adversity uncertainty and change the book highlights ten

amazon com leading at the edge leadership - Oct 25 2021

leading at the edge leadership lessons from the abebooks - Jan 08 2023

web leading at the edge leadership lessons from the limits of human endurance the extraordinary saga of Shackleton's antarctic expedition Perkins Dennis N T

leading at the edge leadership lessons from the ex mike - Sep 23 2021

leading at the edge leadership lessons from the extraordinary - Feb 26 2022

web video lessons that are short and easy to fit into your busy schedule ranging from 5-20 minutes long the ability to complete lessons at your own pace and go back to review as

skinny by ibi kaslik overdrive ebooks audiobooks and more - Apr 30 2022

web feb 21 2012 ibi kaslik's vivid novel captures with devastating honesty the story of two sisters struggling to come to terms with their adult selves edgy and powerful *skinny* is a sometimes gritty and often wryly funny look at growing up and the hunger for acceptance that drives us all

ibi kaslik wikipedia - Jun 01 2022

web her debut novel *skinny* was published by HarperCollins in May 2004 it was shortlisted for the Books in Canada First Novel Award in 2004 the CLA Best Young Adult Book in 2005 and the Borders Original Voice Award in 2006 *skinny* also appeared on the New York Times Best Sellers list for two consecutive weeks in 2008

skinny by ibi kaslik publishers weekly - Sep 04 2022

web *skinny* by ibi kaslik Walker 16 95 244pp isbn 978 0 8027 9608 0 family secrets play a role in Canadian author kaslik's powerful first novel about 22-year-old Giselle's struggle with

skinny by ibi kaslik ebook ebooks com - Jul 02 2022

web do you ever get hungry too hungry to eat holly s older sister giselle is self destructing haunted by her love deprived relationship with her late father this once strong role model and medical student is gripped by anorexia holly a track star struggles to keep her own life in balance while coping with the mental and physical deterioration of her beloved

skinny ibi kaslik google books - Feb 09 2023

web together they can feel themselves slipping and are holding on for dear life this honest look at the special bond between sisters is told from the perspective of both girls as they alternate narrating each chapter gritty and often wryly funny skinny explores family relationships love pain and the hunger for acceptance that drives all of us

skinny ibi kaslik ebook harpercollins canada - May 12 2023

web feb 21 2012 skinny ibi kaslik ebook giselle is 22 a top medical student and a functioning anorexic except now driven by the pressures of school and her late father s rejection giselle is books authors canadian authors kids teens get weekly ebook deals and perks books reader favorites award winners bestsellers new

[skinny kaslik ibi 9780802797384 books amazon ca](#) - Oct 05 2022

web ibi kaslik is a freelance writer and novelist she has an ma in creative writing and lives in toronto canada her first novel skinny was short listed for both the amazon ca books in canada first novel award and the canadian library association s young adult book award

amazon com skinny 9780802797384 kaslik ibi books - Aug 15 2023

web jan 1 2008 her first novel skinny was short listed for both the amazon ca books in canada first novel award and the canadian library association s young adult book award visit her web site at [ibikaslik.net](#)

skinny ebook by ibi kaslik hoopla - Nov 06 2022

web ibi kaslik s vivid novel captures with devastating honesty the story of two sisters struggling to come to terms with their adult selves edgy and powerful skinny is a sometimes gritty and often wryly funny look at growing up and the hunger for acceptance that drives us all

[skinny by ibi kaslik goodreads](#) - Oct 17 2023

web apr 17 2004 skinny by ibi kaslik reveals the conflict of a young adult and her sister struggling with they re own individual issues that are somehow connected giselle and holly both sisters tell their story in their own point of view as it

skinny by ibi kaslik ebook scribd - Aug 03 2022

web together they can feel themselves slipping and are holding on for dear life this honest look at the special bond between sisters is told from the perspective of both girls as they

skinny kirkus reviews - Jul 14 2023

web oct 1 2006 by ibi kaslik release date oct 1 2006 unflinching and raw this story of two sisters is powered by a frenetic energy that can't be ignored swapping medical school for an eating disorder clinic wasn't 22 year old giselle's plan and her 14 year old sister holly didn't see it coming either

skinny kaslik ibi 1973 free download borrow and - Jun 13 2023

web *skinny* by kaslik ibi 1973 publication date 2006 topics girls women social issues depression mental illness fiction eating disorders juvenile fiction children's books young adult fiction children young adult gr 10 12 health daily living general fiction general family general juvenile fiction health medicine

[amazon.com skinny ebook kaslik ibi kindle store](#) - Apr 11 2023

web dec 1 2008 haunted by her love deprived relationship with her late father this once strong role model and medical student is gripped by anorexia holly a track star struggles to keep her own life in balance while coping with the mental and physical deterioration of

skinny book by ibi kaslik thriftbooks - Feb 26 2022

web buy a cheap copy of *skinny* book by ibi kaslik holly's older sister giselle is self destructing haunted by her love deprived relationship with her late father this once strong role model and medical student free shipping on all orders over 15

skinny quotes by ibi kaslik goodreads - Mar 30 2022

web *skinny* quotes showing 1 7 of 7 heart lesson 3 post heartbreak survival the heart is resilient i mean literally when a body is burned the heart is the last organ to oxidize while the rest of the body can catch flame like a polyester sheet on campfire it takes hours to burn the heart to ash my dear sister a near perfect organ

skinny kaslik ibi 9780006392286 books amazon.ca - Jan 08 2023

web may 3 2005 ibi kaslik's vivid novel captures with devastating honesty the story of two sisters struggling to come to terms with their adult selves edgy and powerful *skinny* is a sometimes gritty and often wryly funny look at growing up and the hunger for acceptance that drives us all

[ibi kaslik author of skinny goodreads](#) - Mar 10 2023

web aug 20 1973 ibi kaslik is an internationally published novelist and freelance writer her recent novel *the angel riots* is a critically acclaimed rock n roll comic tragedy and was nominated for ontario's trillium award 2009 her first novel *skinny* was a new york times bestseller and has been published in numerous countries

[skinny by ibi kaslik ebook barnes noble](#) - Dec 07 2022

web dec 1 2008 family relationships teen fiction family secrets play a role in canadian author kaslik's powerful first novel about 22 year old giselle's struggle with anorexia and its devastating effects on her family giselle was one of the top 10 in her class at medical school before suffering a breakdown

skinny novel wikipedia - Sep 16 2023

web skinny is the debut novel by hungarian canadian author ibi kaslik first published by harpercollins in may 2004 it appeared on the new york times best sellers list for two consecutive weeks in 2008 summary holly s older sister giselle is self destructing